

FOR ALL ATHLETES.



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**BOXPT.COM**

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FOUNDED IN 2014

# HISTORY OF THE BRAND



BOXPT Equipment was founded in 2014 with the aim of responding to a gap in the market in the supply of CrossFit equipment and in order to keep up with the rapid growth of the sport in Portugal and Europe.

From 2016 after gaining the trust of customers in the domestic market and having consolidated the ambition to become a brand on an international scale, BOXPT begins its process of internationalization, gradually becoming an important player in European markets where it proposed to operate, namely in the Spanish, French market. In addition to the European markets BOXPT entered the Brazilian market in 2017 and Angolan in 2019, where it quickly gained recognition of these markets.

The bet on the diversification of the offer for various modalities, placed BOXPT as a reference partner with the federations of the various sports, clubs, gyms, physiotherapy and physical rehabilitation clinics, performance and income centres.

Always with the primary objective of providing increasingly better customer service and seeking excellence in the markets where it operated, BOXPT

became in 2019 the first Portuguese company in its segment to be certified by TUV with ISO 9001.

Facing the global pandemic in 2020, BOXPT was fully prepared, with certified processes that allowed internal agility. However, it faced the difficulties of falling sales with its B2B customers, and there was a strong focus on B2C, by improving its online shop, increasing its online sales channels, by entering European Marketplaces such as Decathlon, Amazon, Sprinter, Go-Sport, Bulevip Worten, among others.

At the end of 2020, BOXPT began to pave the way for production in national territory by investing in partnerships with local suppliers, which allowed greater flexibility and the ability to meet the needs of its customers through tailor-made options.

In 2021, the company began building a production unit for training equipment, with the initial focus being the production of Olympic Discs and training equipment composed of iron, such as structures, benches and accessories.

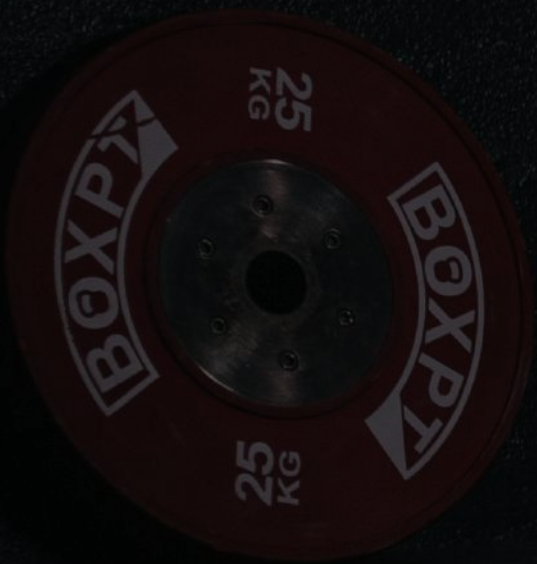
This step allowed the company a greater and better response to the market where it operates and expansion into markets where it did not traditionally operate, thus becoming a reference partner in modalities such as OCR. Thus, it was the company chosen as the official partner of the Portuguese Obstacles Federation.

Betting on national production, increasing the quality of products, betting on the circular economy, flexibility and customization of products to meet customer needs will always be the focus of BOXPT.

Currently, BOXPT continues to grow and consolidate itself in the markets in which it operates. The worldwide growth in sports habits has led us to look at new markets, highlighting the mission that it has proposed since its foundation “to encourage the practice of sports, contribute to improving the quality of life of people and support all athletes in increasing their sports performance”.



# BARS AND BUMPERS



**BOXPT**  
EQUIPMENT

15cm

**BOXPT**  
EQUIPMENT

15cm

**BOXPT**  
EQUIPMENT

15cm

**BOXPT**  
EQUIPMENT

15cm

**BOXPT**  
EQUIPMENT

30cm

**BOXPT**  
EQUIPMENT

30cm



cm

**BOXPT**  
EQUIPMENT

38cm



## PREMIUM OLYMPIC BAR

OLBAR8RH  
OLBAR8RF

Combining an alloy steel handle, a 210,000 PSI tensile strength shaft with industrial hard chrome sleeves and 8 precision needle bearings, the Premium Olympic Bar ranks among the best in the industry for feel, durability, and performance.

This barbell is optimized for Olympic Lifters and Powerlifters and has dual mark knurls and no center knurl.

All the barbells have lifetime warranty\*.

### SPECIFICATIONS

**Bar measures:**

20 kg: 2200 mm x 74 mm x 74 mm

15 kg: 2000 mm x 74 mm x 74 mm

**Grip:** 15 kg: 25 mm | 20 kg: 28 mm

**Sleeve for bumpers:**

20 kg: 415 mm long and 49,8 mm diameter

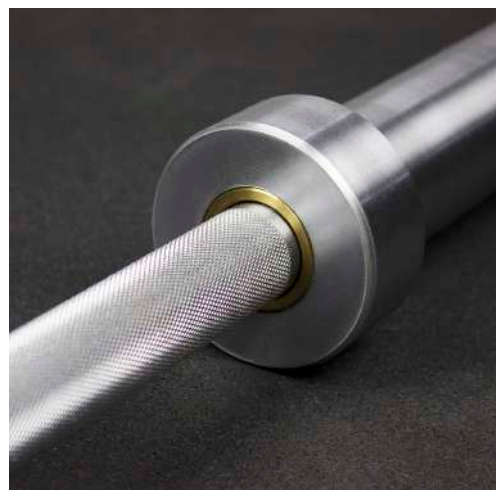
15 kg: 320 mm long and 49,8 mm diameter

**Knurl:** In diamond pattern on the sides with two marks for powerlifting and weightlifting.

**Maximum Weight:** 700 kg

**Bearing:** 8 high precision needle bearing

**PSI:** 210,000







## COMPETITION OLYMPIC BAR

OLBAR4RH  
OLBAR4RF

Competition Olympic Bar is proven as an excellent choice for weightlifters and high performance athletes. The dual knurl marks, the comfortable grip and the quality bronze bushings provides you a great feel during workout sessions.

The black oxide is a mild oxidization protectant process. This type of steel treatment will still require some maintenance but will give the best knurl feel, more like a naked bar.

All the barbells have lifetime warranty\*.

### SPECIFICATIONS

**Bar measures:**

20 kg: 2200 mm x 74 mm x 74 mm

15 kg: 2000 mm x 74 mm x 74 mm

**Weight:** 20kg | 15kg

**Grip:** 20 kg: 28 mm | 15 kg: 25 mm

**Sleeve for bumpers:**

20 kg: 415 mm long and 49,8 mm diameter

15 kg: 320 mm long and 49,8 mm diameter

**Knurl:** In diamond pattern on the sides with two marks for powerlifting and weightlifting.

**Maximum Weight:** 500 kg

**Bearing:** 8 high precision needle bearing

**PSI:** 190,000



## TECHNIQUE BAR

**LB7203**  
**OLBAR4RTECH10**

The Technical Bar is indicated for beginners, amateurs or professional athletes. It has the same diameter as an olympic bar and the same markings. It is compatible with all disc types. A light and easy training bar that will feel like a olympic bar.

All the barbells have lifetime warranty\*.

### SPECIFICATIONS

**Bar measures:**

5 kg: 1590 x 74 x 74 mm  
10 kg: 1680 x 74 x 74 mm

**Composition:**

5 kg: High quality aluminum alloy  
10 kg: High quality alloy steel

**Grip:** 25 mm de diâmetro

**Sleeve for bumpers:**

5 kg: 110 mm long and 49,8 mm diameter  
10 kg: 170 mm long and 49,8 mm in diameter

**Knurl:** Diamond embossing on the sides with two markings simulating weightlifting and powerlifting

**Bearing:**

5 kg: By copper washer (bushing).  
10 kg: 4 bearings with high-precision cylinders

**Maximum capacity:** 5 kg: 45 kg | 10 kg: 130 kg





## Z BAR

### BARRACURLEZ

The Z-bar is specially designed for arm workouts. It allows working muscle groups such as biceps and triceps in a comfortable way, which due to its curved geometry puts less pressure on wrists and elbows, avoiding possible injuries to joints. This type of bar supports the loading of olympic discs. All the barbells have lifetime warranty\*.

### SPECIFICATIONS

**Bar measures:** 1210 x 75 mm

**Weight:** 7,5 kg

**Distance between sleeves:** 855 mm

**Grip:** 25 mm diameter

**Disc sleeve:** 160 mm long and 49,6 mm in diameter

**Knurl:** Diamond relief in the curved area for grips on each side.

**Bearing:** 4 bearings with high-precision cylinders



## CHROMED HEX BAR

211

The BOXPT Chromed Hex Bar is designed in a hexagonal shape, which means you stand inside it and grip the handles laterally. Such allows a more natural, neutral had position. It also effectively positions the load around you, making it ideal for shoulder shrugs, deadlifts, and farmers walk.

This Hex Bar helps to reduce the pressure on your lower back and develop grip strength and endurance. You can use it with or without the handles, all you have to do is flip over the bar.

All the barbells have lifetime warranty\*.

### SPECIFICATIONS

**Bar measures:** 2180 x 730 x 190 mm

Interior: 570 x 670 mm

**Grip:** 25 mm diameter

**Plate sleeve:** 530 mm long and 49,8 mm in diameter

**Knurl:** Diamond embossing on the sides with two markings simulating weightlifting and powerlifting

**Maximum capacity:** 550 kg





## POWDER COATED HEX BAR

### HHEXBAR23

The BOXPT Powder Coated Hex Bar is designed in a hexagonal shape, which means you stand inside it and grip the handles laterally. Such allows a more natural, neutral had position. It also effectively positions the load around you, making it ideal for shoulder shrugs, deadlifts, and farmers walk.

This Hex Bar helps to reduce the pressure on your lower back and develop grip strength and endurance. You can use it with or without the handles, all you have to do is flip over the bar.

All the barbells have lifetime warranty\*.

### SPECIFICATIONS

**Bar measures:**

23 kg: 1670 x 660 x 210 mm

Interior: 540 x 575 mm

**Grip:** 25 mm diameter

**Plate sleeve:** 350 mm long and 49,8 mm in diameter

**Knurl:** Diamond embossing on the sides with two markings simulating weightlifting and powerlifting

**Maximum capacity:** 550 kg

# AXLE BAR

**BBAXLB01**

For those who train Strongman, Powerlifting or Weightlifting, this bar is a must-have! Larger diameter grip bars for training the grip and synergistic muscles.

All the barbells have lifetime warranty\*.

## SPECIFICATIONS

**Bar measures:** 1520 x 655 x 655 mm  
Tolerance:  $\pm 2$  mm

**Weight:** 7 kg  
Tolerance:  $\pm 100$  g

**Grip:** 50 mm | 28 mm  
Tolerance:  $\pm 2$  mm

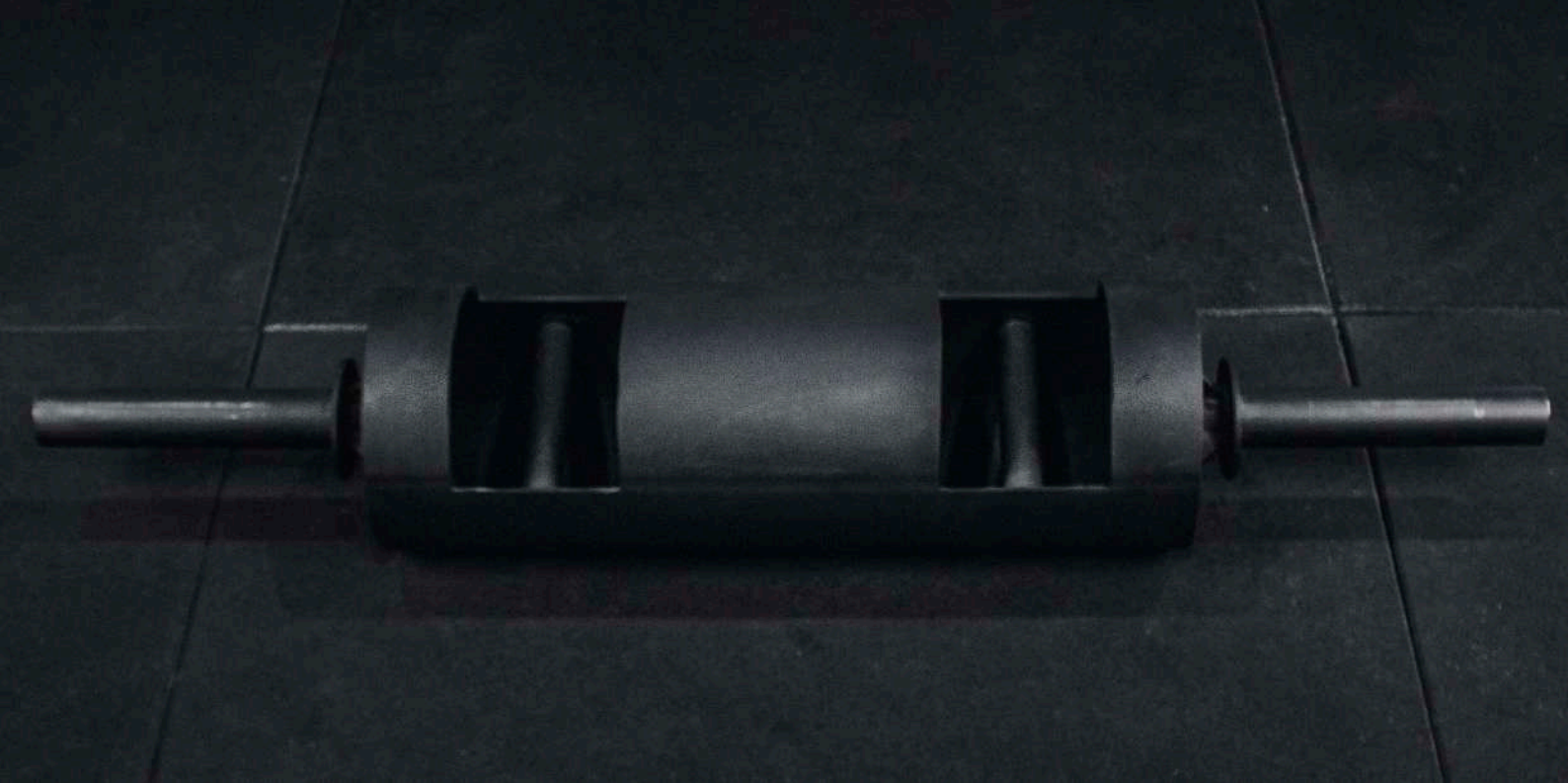
**Sleeve:** 197 mm in length with 49,8 mm in diameter.

**Shaft:** Center with 1100 mm in length

**Knurl:** In the center of the shaft 25 mm

**Maximum capacity:** 200 kg





## LOG BAR

**BST205**

The main equipment used for Strongman. The neutral grip reduces the wearing of the shoulders and it can be used for presses, rows, jerks and cleans.

### SPECIFICATIONS

**Bar measures:** 1650 x 220 x 220 mm

**Weight:** 23 kg

**Grip:** 33 mm diameter

**Plate sleeve:** 305 mm long and 49,8 mm in diameter

**Knurl:** Diamond relief in the grips on each side.

**Maximum capacity:** 120 kg



## COMPETITION BUMPERS

COMPBUMPER10  
COMPBUMPER15  
COMPBUMPER20  
COMPBUMPER25

With 450 mm in diameter, Competition Bumpers are the highest range of bumpers from BOXPT.

Designed in compliance with IWF standards, they have been subjected to tests to fall more than 30,000 times, and after impact with the ground, their jumping range is greatly reduced. They are made of calibrated steel to increase their durability. Color coding makes it easy to identify.

All bumpers are sold individually.\*

## SPECIFICATIONS

Plate Diameter: 450 mm  
Shore A Durometer: Shore 96  
Weight tolerance:  $\pm 10$  g

**Bumpers width:**  
25 kg: 67,8 mm  
20 kg: 52,2 mm  
15 kg: 43,6 mm  
10 kg: 31,7 mm

**Material:** Quality vulcanized natural rubber discs (NR/SBR). Calibrated steel discs in the center.

**Number of falls:** 30.000 estimated

**Maintenance:** It is recommended to be used on a minimum 15 mm impact absorption floor for durability. Mandatory use of springs to hold the bumpers.







## COLORED BUMPERS

BP005CB  
BP010CB  
BP015CB  
BP020CB  
BP025CB

At 450 mm in diameter, and in compliance with **IWF standards**, BOXPT Colored Bumpers are the best option for high intensity training sessions.

Tested to fall over 20,000 times, these are the Bumpers with the best quality / price relation. Produced in quality virgin rubber and stainless steel inserts, they offer a dead jump and good durability.

All bumpers are sold individually.\*

## SPECIFICATIONS

Plate Diameter: 450 mm  
Shore A Durometer: Shore 96  
Weight tolerance:  $\pm 1\%$

### Bumpers width:

25 kg: 91 mm  
20 kg: 75 mm  
15 kg: 62 mm  
10 kg: 47 mm  
5 kg: 26 mm

**Material:** Quality vulcanized natural rubber plates, galvanized steel rings on the inside.

**Number of falls:** 20.000 estimated

**Maintenance:** It is recommended to be used on a minimum 15 mm impact absorption floor for durability. Mandatory use of springs to hold the bumpers.





## HI-TEMP BUMPERS

BP005HT  
BP010HT  
BP015HT  
BP020HT  
BP025HT

With a 450mm diameter, according to IWF standards, BOXPT's Hi-Temp Bumpers are an excellent choice for those looking for quality and durability.

Made of recycled vulcanized rubber and a stainless steel insert, they make this range virtually indestructible, with an estimated durability of 30,000 drops.

All bumpers are sold individually.\*

## SPECIFICATIONS

Plate Diameter: 450 mm  
Shore A Durometer: Shore 96  
Weight tolerance:  $\pm 1\%$

**Bumpers width:**  
25 kg: 99,5 mm  
20 kg: 81,7 mm  
15 kg: 66,2 mm  
10 kg: 55,3 mm  
5 kg: 26 mm

**Material:** Quality vulcanized natural rubber plates, galvanized steel rings on the inside.

**Number of falls:** 30,000 estimated

**Maintenance:** It is recommended to be used on a minimum 15 mm impact absorption floor for durability. Mandatory use of springs to hold the bumpers.





## BLACK BUMPERS

FP00005  
FP00100  
FP00125  
FP00200  
FP00250

A budget-friendly bumper plate. At 450 mm in diameter, compliant with **IWF standards**, the BOXPT Black Bumpers have a nice bounce consistency, durability and smooth finish.

Although they are the cheapest range of bumpers, the athletes should expect the the standard quality like any equipment.

All bumpers are sold individually.\*

### SPECIFICATIONS

Plate Diameter: 450 mm  
Shore A Durometer: Shore 88  
Weight tolerance:  $\pm 1\%$

#### Bumpers width:

25 kg: 99,5 mm  
20 kg: 81,7 mm  
15 kg: 66,2 mm  
10 kg: 55,3 mm  
5 kg: 26 mm

**Material:** Quality vulcanized natural rubber plates, galvanized steel rings on the inside.

**Number of falls:** 20,000 estimated

**Maintenance:** It is recommended to be used on a minimum 15mm impact absorption floor for durability. Mandatory use of springs to hold the bumpers.





## FRACTIONAL BUMPERS

### FRP

Increase loads progressively with fractional plates! Weight increments from 0.5 kg up to 5kg. Each plate has a 50.4 mm collar opening and an outer rubber casing to retain a firm hold on any olympic bar.

All fractional plates are sold individually (except 0,5kg).

### SPECIFICATIONS

**Shore A Durometer:** Between 80 and 100

**Weight tolerance:**  $\pm 50$  g

#### Bumpers width

2,5 kg:  $\varnothing$  210 mm / Thickness: 23 mm

2 kg:  $\varnothing$  193 mm / Thickness: 22 mm

1,5 kg:  $\varnothing$  176 mm / Thickness: 20,5 mm

1 kg:  $\varnothing$  162 mm / Thickness: 20 mm

0,5 kg:  $\varnothing$  150 mm / Thickness: 17,9 mm

**Material:** Polyurethane (PU) discs with iron rings inside.

**Maintenance:** It is recommended that you do not fall on the floor with or without using other equipment for greater durability. Mandatory use of springs to hold the bumpers.





## TECHNICAL BUMPERS

DISCTECN15  
DISCTECN2  
DISCTECN25  
DISCTECN5

Used to add external charge, usually symmetry in an Olympic bar.

The size and weight of these Bumpers allow to sharpen the technique of movements, starting from the true starting point. They can also be used solo in certain exercises.

All bumpers are sold individually.\*

### SPECIFICATIONS

Plate Diameter: 450 mm  
Weight tolerance:  $\pm 15$  g

#### Bumpers width

5 kg: 100 mm  
2,5 kg: 80 mm  
2 kg: 70 mm  
1,5 kg: 70 mm

**Material:** Discs in high density polyethylene plastic (HDPE).

**Maintenance:** It is recommended that you do not fall on the floor with or without using other equipment for greater durability. Mandatory use of springs to hold the bumpers.



# ADJUSTABLE BENCH

## ABBENCH

Adjustable benches are indispensable for any strength training program. Besides, if combined with a rack or pair up with dumbbells, they will add extra versatility to your gym or fitness studio!

Built with a solid steel frame and featuring foam padding and rubberized feet, this bench offers comfort, stability, and floor protection. Its compact design and practical wheels make it perfect for small spaces and very easy to move around.

## SPECIFICATIONS

9 back pad positions: 0 – 85° degrees

6 seat pad adjustments to find the perfect angle

Bench measures: 1400 x 750 x 445-1250 mm

Back pad measures: 920 x 280 x 60 mm

Seat pad measures: 375 x 270 x 60 mm

Handle diameter: 32 mm

Weight: 45 kg

### Materials:

- Steel frame construction for rock-solid stability
- Electrostatically powder-coated for a sleek finish
- Pad made from recycled cotton foam with a polyurethane coating
- Non-slip, rubber feet to protect your floors and enhance stability
- Wheels and handle for easy transport



# ROWING BENCH

## REBENCH01

The BOXPT Rowing Bench allows a variety of exercises of back muscles with or without external loads, due to the possibility of establishing different heights.

## SPECIFICATIONS

6 leveling adjustments to find the perfect angle

**Bench measures:** 1450 x 700 mm x 660 - 860 mm

**Cushion measurements:** 1310 x 390 x 60 mm

**Weight:** 45 kg

### Materials:

- Steel frame construction for rock-solid stability
- Electrostatically powder-coated for a sleek finish
- Pad made from recycled cotton foam with a polyurethane coating
- Non-slip, rubber feet to protect your floors and enhance stability
- Wheels and handle for easy transport



# HORIZONTAL BENCH

## BABENCH01

Horizontal Benches are indispensable for any strength training program. Besides, if combined with a rack or pair up with dumbbells, it will add extra versatility to your gym or fitness studio!

With a polyurethane coating foam pad and solid steel construction, the BOXPT Horizontal Bench can handle endless exercises and strength-based movements, like presses, flies, curls and more. The rubberized feet enhance the bench stability while the compact design and practical wheels make it perfect for small spaces and very easy to move around.

## SPECIFICATIONS

**Bench measures:** 1300 x 400 x 445 mm

**Pad measures:** 1250 x 300 x 60 mm

**Weight:** 21,5 kg

### Materials:

- Steel frame construction for rock-solid stability
- Electrostatically powder-coated for a sleek finish
- Pad made from recycled cotton foam with a polyurethane coating
- Non-slip, rubber feet to protect your floors and enhance stability
- Wheels and handle for easy transport







## DAMPING CUSHIONS

DPG100X50X10  
DPG100X50X20

Work on your snatch or jerk technique using these Damping Cushions. They are built strong and durable to withstand even the heaviest of barbell drops.

The BOXPT Damping Cushions combine thick, high-density foam with a sturdy, non-slip cover to reduce the vibration and noise associated with dropping weights in the ground.

### SPECIFICATIONS

**Dimensions:** 1000 x 500 x 100 / 200 mm

**Density:** 120 kg/m<sup>3</sup>

**Weight:** 14 kg each (28 kg pair)

#### Materials:

- Dense foam (obtained from shredded cotton)
- Durable, non-slip PVC cover
- Air outlets at the sides





# WEIGHTLIFTING PLATFORM

## PLATFORM WEIGHT

Weightlifting platforms are used to help with the execution of movements. Wood ensures the existence of a stable surface, while rubber contributes to greater absorption of sound and impact. In weightlifting we have movements such as the clean and jerk and the snatch.

## SPECIFICATIONS

**Dimensions:** 2430 x 1940 x 100 mm

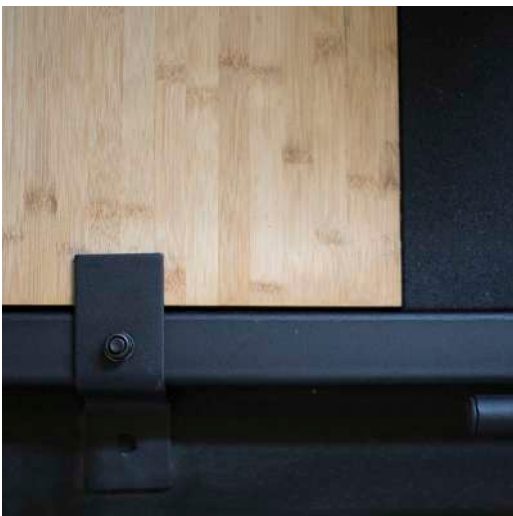
**Weight:** 215 kg

**Composition:** 60 mm square steel tube. Finished in micro textured electrostatic powder paint. With 6 rubber plates 60 mm thick. Plywood board and 60 mm high bamboo interior.

- 2x 2,32 m long square tubes
- 2x 1,93 m long square tubes
- 4x iron corners
- 4x tubes for fixing accessories
- 1x plywood board of 1,83 x 1,10 x 0,50 m
- 6x Ø 610 x 50 mm rubber plates

**Possibility of fixing to the ground.**

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, according to its use. The platform must be cleaned and sanitized, both in wood, with a product suitable for its treatment and durability, as well as iron, especially with regard to the application of a lubricating and anti-rust liquid.





# WOODEN JERK BLOCK

## JERKBLCK

For technique training in weightlifting and / or powerlifting movements. It helps to adjust the starting height of the desired movement.

## SPECIFICATIONS

**Dimensions:** 900 x 500 x 60/150/300/380 mm

### Weight:

Height - 60 mm - 12,4 kg - at par 24,8 kg

Height - 150 mm - 16,8 kg - at par 33,6 kg

Height - 300 mm - 24,4 kg - at par 48,8 kg

Height - 380 mm - 28 kg - at par 56 kg

Total weight - 163,2 kg

**Composition:** Laser cut birch plywood boards

**Maximum Height:** 890 mm

**Maximum Capacity:** 500 kg

### Features:

- 4 coupled and conjugated boxes with different heights:
- Top of boxes with disc-locking latches - 60 mm
- Block - 150 mm
- Block - 300 mm
- Block - 380 mm
- With handles on the sides for easy transport.
- All edges of the blocks are rounded for maximum security.

Sold at par.\*

**Maintenance:** The cleaning of magnesium and dirt must be carried out periodically, preferably every 3 months, focusing especially on the application of a protective wood liquid.





# METAL JERK BLOCK

## JERKBLCKM

The Iron Jerk Block was designed to last a lifetime. Constructed from steel and weighing 240 kg, it is fully adjustable (from 86 cm up to 112 cm).

The advantage over the Wooden Jerk Block is that it allows you to see the movement from any angle. It also has 4 pins that allow you to store more weights around you.

## SPECIFICATIONS

**Length:** 80 cm

**Width:** 61 cm

**Weight:** 240 kg

**Maximum height:** 112 cm

**Material:** Steel with rubber coating

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

Sold in pairs\*





## LANDMINE FOR RIG

### LANDMINE

One of the best training tools for any high performance athlete to increase functional strength.

The Landmine BOXPT is perfect for performing pull and push exercises as well as a wide variety of angular and rotational strength exercises. Made of iron, it attaches to the rig.

### SPECIFICATIONS

**Dimensions:** 384 mm x 70 mm x 250 mm

**Weight:** 4 kg

**Composition:** Round steel plate and tube. Finished in micro textured electrostatic powder paint.

**Tube:** 49 mm in diameter

It can be placed on a BOXPT frame or on the wall.

On the wall, the placement surface should be solid so that its fixation is safer.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.





## LANDMINE FOR BUMPERS

### LANDMNE3

Landmine to be placed inside of bumpers, for workouts on different planes and in different axes of rotation.

### SPECIFICATIONS

**Dimensions:** 70 x 60 x 510 mm

**Weight:** 2,8 kg

**Composition:** Round steel plate and tube. Finished in micro-textured electrostatic powder paint.

**Tube:** 49 mm in diameter

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.





# LOCK-JAW COLLAR

LJAC001





## BARBELL CLIPS

MOLBOLIMP

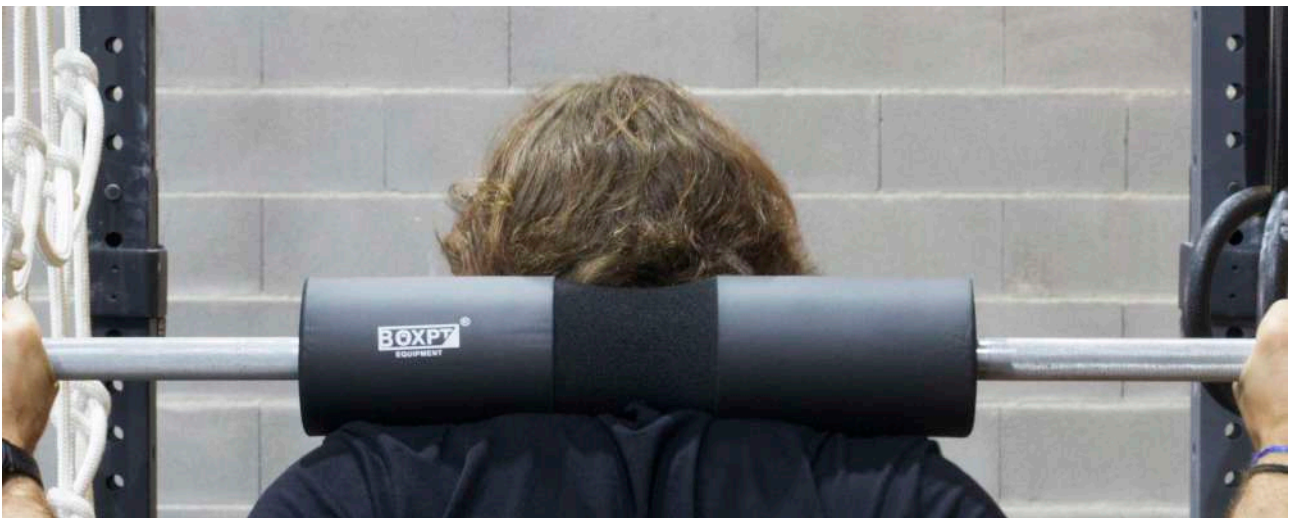




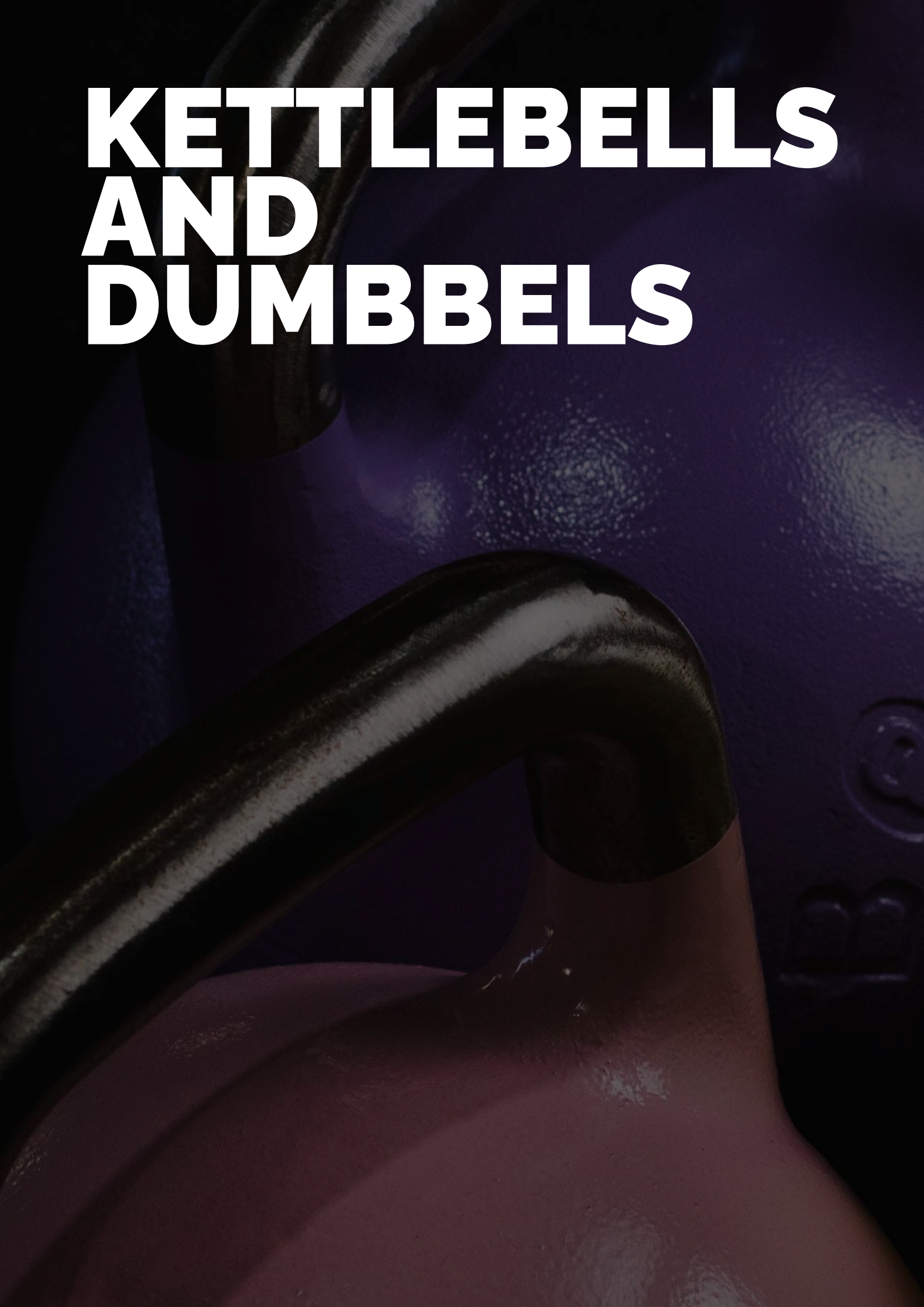


# BARBELL PAD

BARBPAD



# **KETTLEBELLS AND DUMBBELS**







## COMPETITION KETTLEBELLS

### CCKB

The kettlebell is used in strength training in a wide range of movements producing, in addition to strength, agility and power. Also used in mobility and correction of body asymmetries.

Measures according to the Kettlebell Lifting standard.

All kettlebells are sold individually.\*

### SPECIFICATIONS

Dimensions: 210 x 210 x 286 mm

#### Colors:

8 kg - Pink  
 12 kg - Blue  
 16 kg - Yellow  
 20 kg - Violet  
 24 kg - Green  
 28 kg - Orange  
 32 kg - Red  
 36 kg - Gray  
 40 kg - Black

**Material:** Calibrated steel. Micro textured electrostatic powder coating finish. Chrome finish grip.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid. Do not drop during use.





## COMPETITION KETTLEBELLS

POWDER COATED

### CPKB

The kettlebell is used in strength training in a wide range of movements producing, in addition to strength, agility and power. Also used in mobility and correction of body asymmetries.

Measures according to the Kettlebell Lifting standard.

All kettlebells are sold individually.\*

### SPECIFICATIONS

Dimensions: 210 x 210 x 286 mm

#### Colors:

8 kg - Pink  
12 kg - Blue  
16 kg - Yellow  
20 kg - Violet  
24 kg - Green  
28 kg - Orange  
32 kg - Red  
36 kg - Gray  
40 kg - White

**Material:** Calibrated steel. Micro textured electrostatic powder coating finish. Chrome finish grip.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid. Do not drop during use.





## IRON POWDER COATED KETTLEBELLS

### PKB

The kettlebell is used in strength training in wide range of movements producing, in addition to strength, agility and power.

Also used in mobility and correction of body asymmetries. With weights from 6 to 40 kg, this range of kettlebells changes their size depending on their weight. Includes colored ribbons on handles that allow easier identification of weights.

All kettlebells are sold individually.\*

### SPECIFICATIONS

Dimensions increase with increasing weight.

#### Colors:

4 kg - Cyan  
 6 kg - Light green  
 8 kg - Pink  
 12 kg - Blue  
 16 kg - Yellow  
 20 kg - Violet  
 24 kg - Green  
 28 kg - Orange  
 32 kg - Red  
 36 kg - Gray  
 40 kg - White

**Material:** Calibrated steel. Micro textured electrostatic powder coating finish (powder coated).

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid. Do not drop during use.





## ADJUSTABLE DUMBBELL

HALTERE AJUACO 5KG

The BOXPT Adjustable Dumbbell weighs 5 kg and is one of the best equipment for your home gym!

A compact and versatile way to save space, this dumbbell is sold individually and allows athletes to make custom weight increases in their dumbbell workout using the fractional bumpers they want to add.

All dumbbells are sold individually.\*

### SPECIFICATIONS

**Material:** High quality steel alloy

**Color:** Chrome on the sleeve and black on the grip.

**Grip:** 28 mm in diameter

**Disc sleeve:** 150 mm long and 49,8 mm in diameter

**Knurl:** Diamond relief

**Bearing:** By copper washers

**Maximum Capacity:** 130 kg

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid. Bearing lubrication should be carried out every 6 months.





## HEXAGONAL DUMBBELL

### HHEXo

The BOXPT Hexagonal Dumbbells feature a chromed and knurled steel handle, ergonomically designed for a comfortable and firm grip.

The rubber coated heads offer durability, provide protection for your flooring and minimize noise when you drop the dumbbells down.

All dumbbells are sold individually.\*

### SPECIFICATIONS

#### Dimensions:

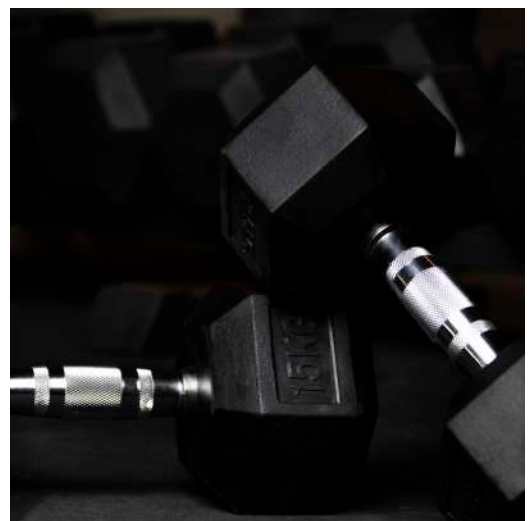
1 kg – 25 mm in diameter with knurl  
2 kg a 5 kg – 27 mm in diameter with knurl  
6 kg a 40 kg – 33 mm in diameter with knurl  
Tolerance:  $\pm 1$  mm

#### Weights:

1 kg | 2 kg | 2,5 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg  
7,5 kg | 8 kg | 10 kg | 12,5 kg | 15 kg | 17,5 kg  
20 kg | 22,5 kg | 25 kg | 27,5 kg | 30 kg | 32,5 kg  
35 kg | 37,5 kg | 40 kg  
Tolerance:  $\pm 0.8$  %

**Material:** Handle tube in chromed steel alloy with knurl (groove). Stuck in vulcanized virgin rubber.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid. Do not drop above 10 cm in height and on any floor other than to cushion the falls.







## REGULABLE DUMBBELL

### HALTEREPB

The regulable dumbbell is a versatile and convenient piece of equipment for strength training at home or in the gym. It allows weight adjustment from 5 kg to 40 kg.

### SPECIFICATIONS

**Dimensions:** 450 x 250 x 260 mm

**Weight:** 40 kg (Base: 2,67 kg)

**Composition:** High quality alloy steel handle and urethane-coated weight plates.

**Grip:** 36 mm diameter

**Knurl:** Embossing on the top and bottom of the handle.

**Adjustment handle:** Rotating the handle on each side allows the combination of 17 different weight types.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid. It cannot fall.



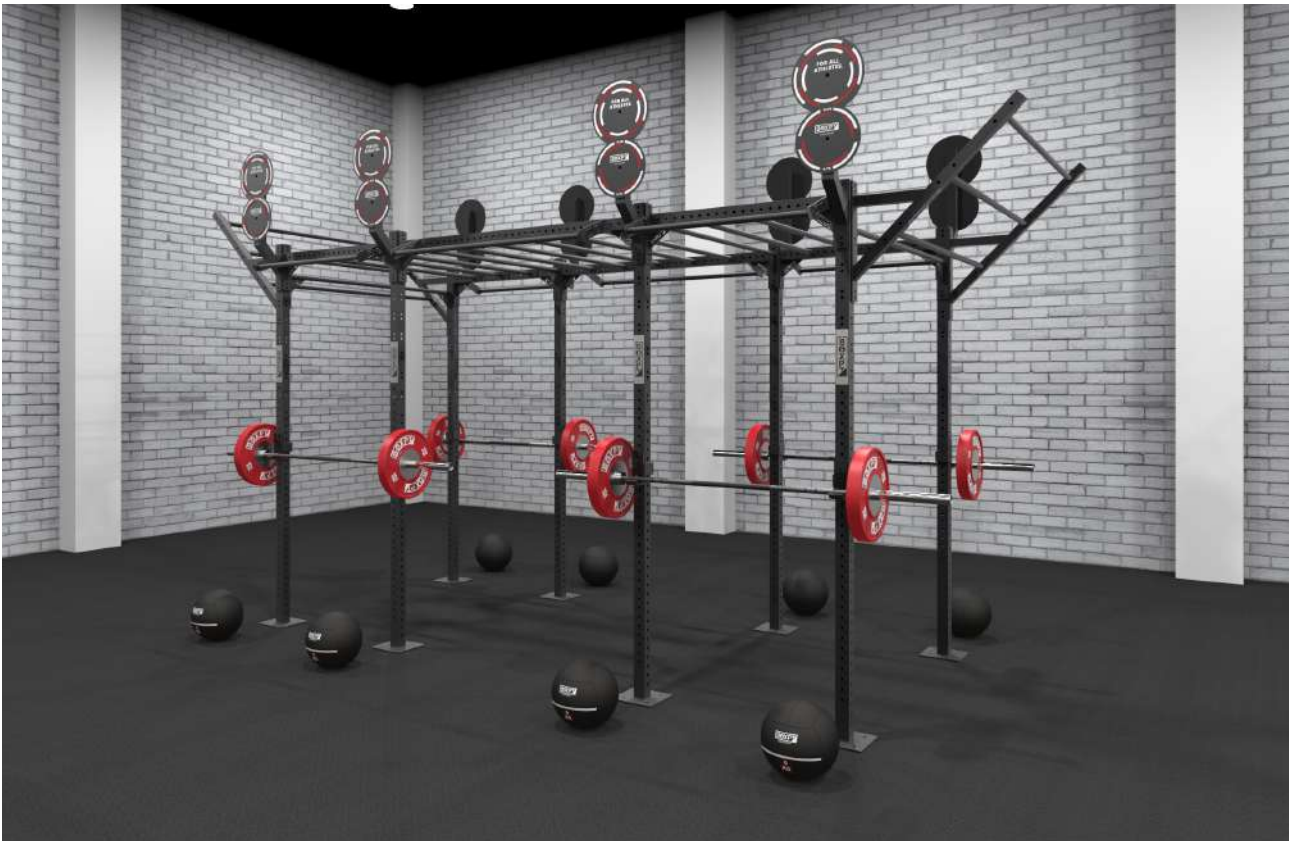
# RIGS E RACKS





5.7  
CrossFit  
2000

BXP



# MONKEY BAR ISLAND

RIGISLANDMONKEYBAR

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

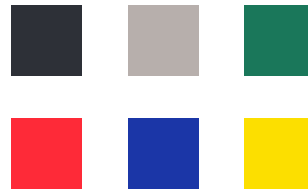
**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

2 4 6 8

# UNIVERSAL ISLAND

RIGUNIVERSAL

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

2 4 6 8



# WAR ISLAND

## RIGISLANDWAR

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

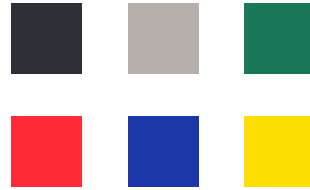
**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

**2 4 6 8**

# CASTLE ISLAND

## RIGCASTLE

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

**2 4 6 8**





# MONKEY BAR WALL

## RIGMONKEYBAR

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

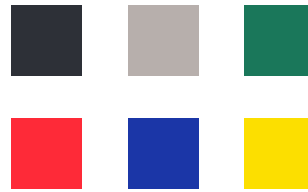
**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

**2 4 6 8**

# POWER WALL

## RIGPOWERWALL

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

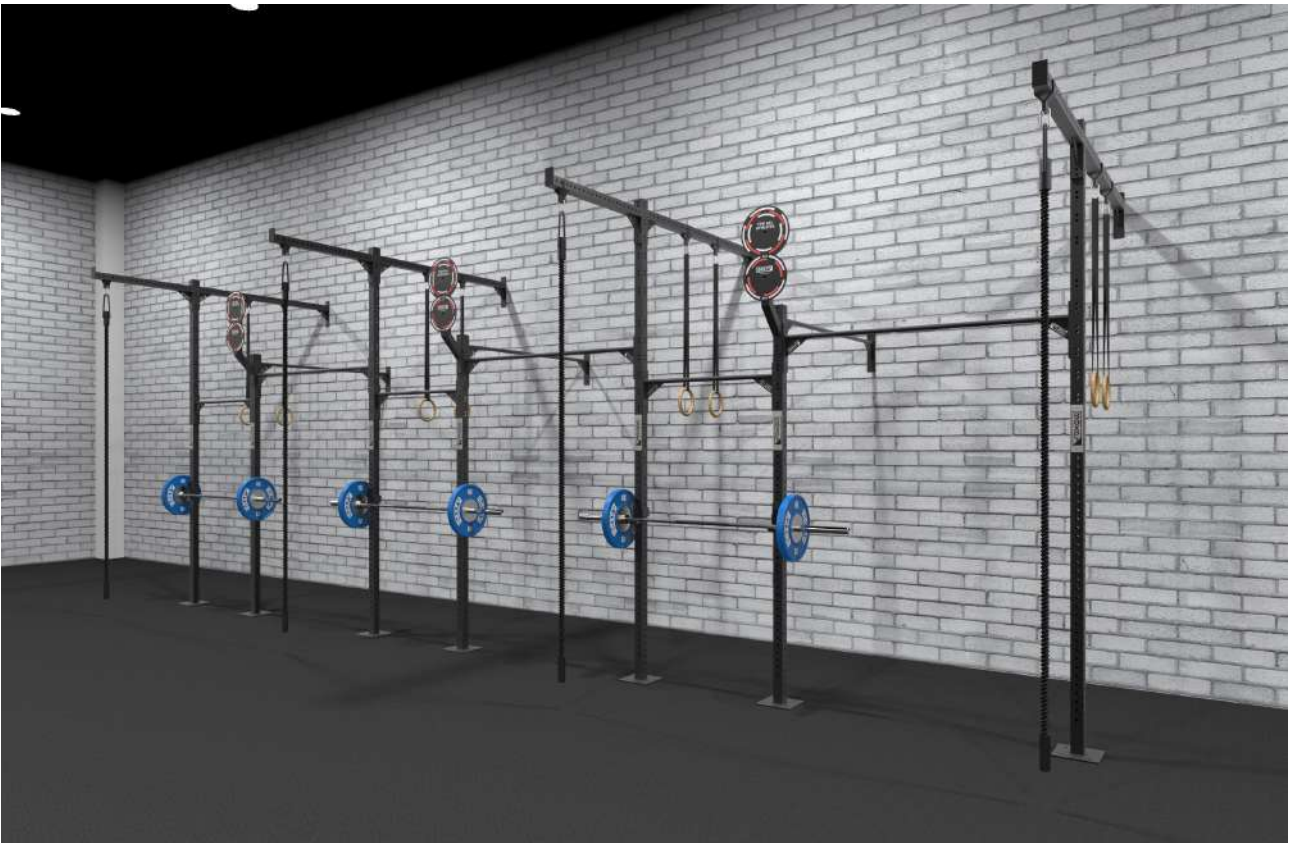
**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

**2 4 6 8**



# WAR WALL

## RIGWALLWAR

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

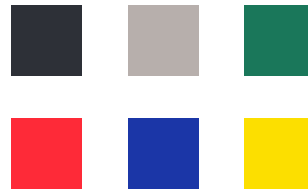
**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

**2 4 6 8**

# MOUNT WALL

## WALLMOUNTRIG1

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

## SPECIFICATIONS

**Possible heights:** 2,75 m | 3,65 m | 5 m

**Bars:** 1,08 m | 1,80 m

- Can be coupled with other BOXPT accessories
- Can be attached to the floor



## STATIONS

**2 4 6 8**

# CHIN UP BAR

## ESTCUP01

The Chin Up Bars are used primarily for specific movements based on elevations.

A chin up bar is one of the best products for the muscular development of the whole body, being able to use only and only the weight of your body, working different muscle groups: back, chest, arms and core.

## SPECIFICATIONS

**Dimensions:** 1200 x 900 x 600 mm

**Weight:** 20 kg

**Composition:** Square tube, round tube and iron plate. Micro textured electrostatic powder coating finish.

**Maximum capacity:** 200 kg

**Grip:** 33 mm in diameter

**Two positions:** 830 mm and 480 mm to the wall.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.

- 2 Supports
- 1 Bar
- There are two positions available for the bar
- They can be coupled to other pull up bars
- Recommended placement in space with a minimum height of 2,80 meters (floor to ceiling)
- It is recommended to place between 50 to 60 cm above your height
- In addition to the wall, it can be attached to the posts of a RIG BOXPT
- On the wall, the placement surface must be solid so that its fixation is more secure



# MULTI GRIP PULL UP BAR

ESTCUPMGUP

The Multi Grip Pull Up Bar is one of the best products for more calisthenic exercises, training that uses only your own body weight. Its great advantage is that, in addition to the supination and pronation handles, it has a wide or closed neutral handle and also a diagonal handle that allows greater comfort and the number of possible exercises. With that, reaching more muscle groups.

- 2 Supports
- 1 Multi Grip Bar
- Recommended placement in space with a minimum height of 2,80 meters (floor to ceiling)
- It is recommended to place between 50 to 60 cm above your height
- On the wall, the placement surface must be solid so that its fixation is more secure

## SPECIFICATIONS

**Dimensions:** 1170 x 560 x 450 mm

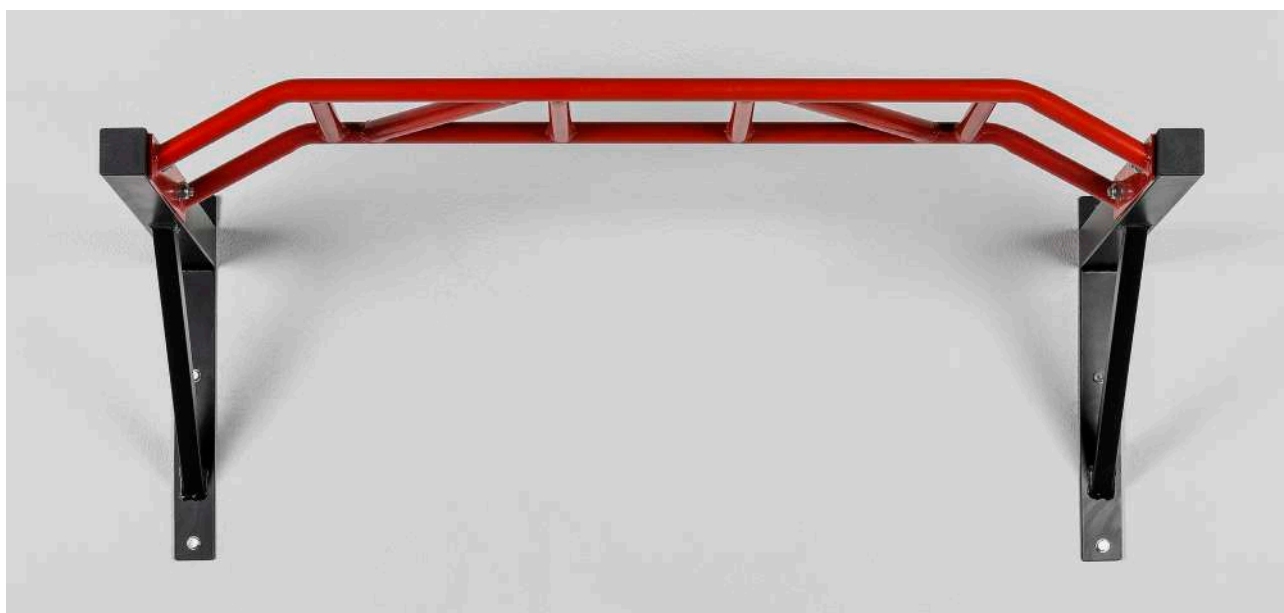
**Weight:** 12 kg

**Composition:** Square, round tube and iron plate. Finished in micro textured electrostatic powder paint.

**Maximum capacity:** 150 kg

**Grip:** 25 mm in diameter

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# SQUAT STAND SEPARATE BASE

## SQSTBS01

The Squat Stand Separate Base is a bar support station with manual adjustment by J Cup Hooks. This equipment is focused for isolated exercises such as: squats, push press and bench press.

Widely used in powerlifting, strongman, weightlifting and bodybuilding.

## SPECIFICATIONS

**Dimensions:** 735 x 760 x 1960 mm - per pole

**Weight:** 50 kg

**Composition:** 70 mm square tube and 70 x 50 mm rectangular tube in steel. Finish in micro textured electrostatic powder painting. PVC feet.

**Maximum Capacity:** 200 kg

- 2x Bases
- 8x PVC feet
- 4x Snap triangles
- 2x Upright stand with BOXPT plates
- 1x Pair of J Cup Hooks
- Can be coupled with other BOXPT accessories
- Easy transportation and storage

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request.\*



# SQUAT STAND UNITED BASE

**SQSTRBU01**

The Squat Stand United Base is a bar support station with manual adjustment by J Cup Hooks. This equipment is focused on isolated exercises such as squats, push press, and bench press.

Widely used in powerlifting, strongman, weightlifting, and bodybuilding.

## SPECIFICATIONS

**Dimensions:** 1240 x 1280 x 1960 mm

**Weight:** 70 kg

**Composition:** 70 mm square tube and 70 x 50 mm rectangular tube in steel. Finish in micro textured electrostatic powder painting. PVC feet.

**Maximum Capacity:** 300 kg

- 2x Bases
- 1x Union between bases
- 4x PVC feet
- 4x Snap triangles
- 2x Upright stand with BOXPT plates
- 1x Pair J Cup Hooks
- Can be coupled with other BOXPT accessories

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request.\*



# SQUAT STAND AND PULL UP STATION

SQSTPUS02

The Squat Stand and Pull Up Station is a squat and pull-up station with support for barbells with manual adjustment by J Cup Hooks.

## SPECIFICATIONS

**Dimensions:** 1400 x 10 x 470 mm

**Weight:** 75 kg

**Lifting Bar Grip:** 33 mm in diameter

**Maximum Load:** 300 kg

**Composition:** Steel structure. 70 mm square tube; 70 x 50 mm rectangular tube; 33 mm diameter round tube and plate. Micro textured finish in electrostatic powder painting. PVC feet. Finish in micro textured electrostatic powder painting. PVC feet.

- 2x Bases;
- 1x Union between the bases;
- 4x PVC feet;
- 4x Snap triangles;
- 2x Upright stand with numbering and BOXPT plates;
- 1x Lift bar;
- 1x Pair of J Cup Hooks;
- It can be coupled with other BOXPT accessories for structures;
- Includes storage kit;

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request.\*





# POWER RACK

## PWRRACK

The Power Rack is a training equipment developed to support the loads of the bar. Due to its versatility, it can also be used for pull ups.

## SPECIFICATIONS

**Dimensions:** 1350 x 1350 x 2750 mm  
(all included)

**Weight:** 140 kg

**Composition:** 70 mm square tube and round tube in steel. Finish in micro textured electrostatic powder painting.

- 4x Posts with numbering in the holes;
- 4x Single ring beam;
- 1x Single beam;
- 1x Pair of J Cup Hooks;
- Can be coupled with other BOXPT accessories;
- Can be attached to the floor;

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request.\*



# FOLD BACK RACK

## FBWRACK2

Fully compatible with all rig accessories, this rack will allow you to do everything you do on a normal structure: support for RIG, olympic barbells, gymnastic movements and mobility exercises.

When you're not training, remove the pull up bar and fold the rack posts onto the wall to save space. When stored, the rack takes up less than 10 cm of wall space.

## SPECIFICATIONS

**Dimensions:** Open: 1400 x 1110 x 2300 mm  
Closed: 2200 x 130 x 2300 mm

**Weight:** 50 kg

**Composition:** Square tube, round tube and steel plate. Micro textured electrostatic powder coating finish.

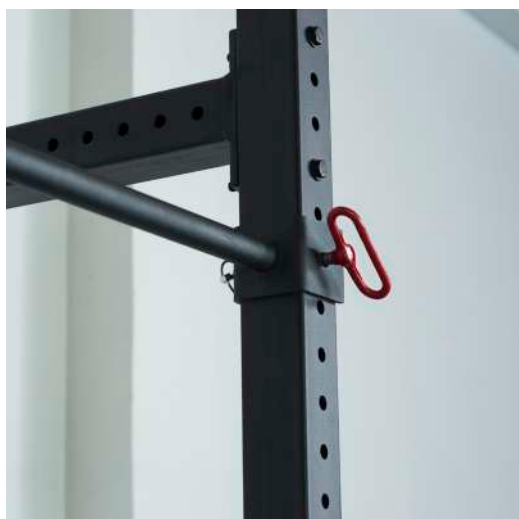
**Grip:** 33 mm diameter

- 2x Posts with holes
- 4x Swing arms
- 4x Wall brackets
- 2x J Cup Hooks
- 1x Pull Up Bar
- 6x Pin Bolts

The placement surface should be solid so that it is more secure.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use (mainly on the pull up bar), focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request.\*



# STRONG YOKE

## STRNGYOKE

The Strong Yoke is one of the most versatile equipments you can have in your training space. In addition to the obvious exercise - Yoke Carry - can use as a Sled, Squat Stand and Pull Up Station. It is extremely sturdy and will hold up more than 350 kg.

## SPECIFICATIONS

**Dimensions:** 1900 x 1515 x 2500 mm

**Weight:** 98 kg (with all components)  
93 kg (without pull up bar)

**Composition:** Square tube, round and iron plate. Finished with micro textured electrostatic powder paint. Polyethylene covers.

**Pull up Bar:** 33 mm diameter

**Support Bar:** 80 mm diameter

**Length of the loading tubes:** 320 mm length and 49 mm diameter.

- 2x Bases
- 2x Poles
- 4x Fitting triangle
- 1x Support bar
- 1x Pull up bar
- 1x Logo Panel

**Maintenance:** The cleaning of the shaft (removal of magnesium and dirt) should be carried out weekly, depending on its use, focusing especially on the application of a lubricant and anti-rust liquid.

Other colors on request.\*





# ROPE ANCHOR

STEELHOOP

## SPECIFICATIONS

**Dimensions:** 90 x 65 x 230 mm

**Weight:** 1 kg

**Composition:** Round tube of 15 mm in diameter and steel plate.

**Hole:** 80 mm between tubes with 40 mm length and 40 mm radius.

# BAND LOOP

BNDLP

## SPECIFICATIONS

**Dimensions:** 220 x 190 x 190 mm

**Weight:** 1,6 kg

**Composition:** Round tube of 15 mm in diameter and steel plate.

# DIPS BAR

CRIGDIP7

## SPECIFICATIONS

**Dimensions:** 860 x 650 x 250 mm

**Weight:** 15 kg

**Composition:** Square, round tube and plate in steel.

**Grip:** 47 mm in diameter

# J CUP HOOKS

CRIGJCUP7B

## SPECIFICATIONS

**Dimensions:** 183 x 80 x 190 mm

**Weight:** 2,6 kg per unit.

**Composition:** Solid round tube and steel plate.

**Interior width:** 70 mm square poles.

**Maximum capacity:** 450 kg

**All sold individually (except J Cup Hooks)**

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

**Finished in micro textured electrostatic powder paint.**



# TIMER

TIMER

## SPECIFICATIONS

**Big Timer dimensions:** 1200 x 60 x 300 mm

**Small Timer dimensions:** 640 x 50 x 25 mm

**Remote dimensions:** 170 x 50 x 25 mm

**Weight:** Big: 5 kg / Small: 3 kg / Remote: 60 g

**Composition:** Metal parts in black aluminum, lenses in matte black and LEDs in red and blue.

# WALL BALL TWO TARGETS

MBALLTARGET7TWO

## SPECIFICATIONS

**Dimensions:** 356 x 205 x 975 mm

**Weight:** 10 kg

**Composition:** 60 mm square tube and steel plate.

# SHRIMP TRAWLER

RSTRIG75

## SPECIFICATIONS

**Dimensions:** 1080 x 70 x 330 mm

**Weight:** 9 kg

**Composition:** Square tube and steel plate.

**Maximum capacity:** 300 kg

# SPOTTING ARMS

CRIGARMS75

## SPECIFICATIONS

**Dimensions:** 720 x 80 x 400 mm

**Weight:** 9,5 kg per unit | 19 kg total

**Composition:** Solid round tube, square tube and steel plate.

**Interior width:** 70 mm square poles.

## All sold individually

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

Finished in micro textured electrostatic powder paint.





# GEAR WALL RACK

SPDROPERACK

## SPECIFICATIONS

Dimensions: 575 x 205 x 110 mm

Weight: 4,8 kg

Finished in micro textured electrostatic powder paint.

**Composition:** Rectangular tube 25 mm in diameter and iron plate.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# BUMPER FLOOR RACK

BUMPRRACKCh

## SPECIFICATIONS

Dimensions: 1326 x 420 x 290 mm

Weight: 15 kg

Finished in micro textured electrostatic powder paint.

Contains handle and wheels for easy transport.

**Composition:** Round tube 48 mm in length and 8 mm in diameter and steel plate.

**Maintenance:** The cleaning of dirt must be carried out weekly, according to its use, focusing especially on the application of a lubricant and anti-rust liquid.





# RIBBED WALL RACK

ARRUMCOLCHO

## SPECIFICATIONS

Dimensions: 520 x 310 x 60 mm

Sleeve length: 250 mm

Stored quantity: 12 to 14 units

Peso: 2 kg

Finishing in micro textured electrostatic powder painting.

Plastic cover.

**Composition:** Round tube 25 mm in diameter and iron plate.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# GUN RACK

OLBARSUP

## SPECIFICATIONS

Dimensions:

10 units: 160 x 55 x 1330 mm

5 units: 160 x 55 x 675 mm

Weight:

10 units: 20 kg

5 unidades: 10 kg

Finishing in micro textured electrostatic powder painting.

Polyethylene damping.

**Composition:** Steel plate.

**Maintenance:** The cleaning of magnesium and dirt should be carried out periodically, preferably every 3 months, focusing especially on the application of a lubricating and anti-rust liquid.





# MODULAR STORAGE

Possibility of customisation.

Micro textured finish in electrostatic powder painting.

**Composition:** Round tubes, square tubes and steel plate.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# VERTICAL STORAGE FOR OLYMPIC BARBELLS

OLBARSCHV06  
OLBARSCHV09

## SPECIFICATIONS

**Dimensions:**

10 units: 400 x 300 x 320 mm

6 units: 250 x 300 x 320 mm

**Weight:**

10 units: 19 kg

6 units: 12 kg

**Hole:** 50 mm in diameter

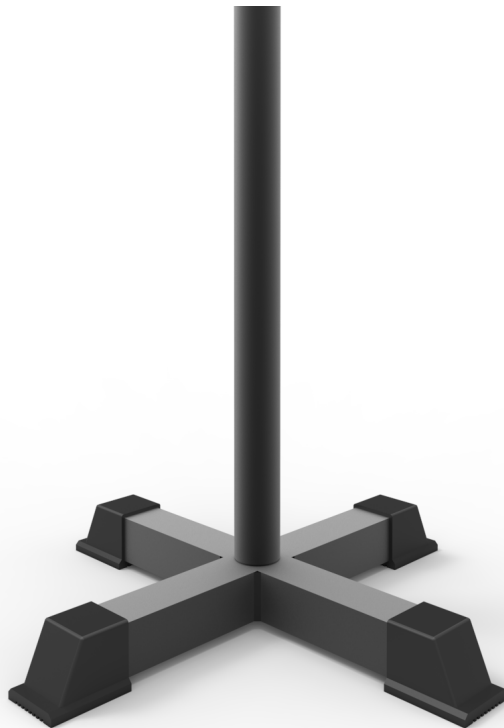
Finish in micro textured electrostatic powder painting.

Crushed rubber cushioning and plastic adjustment.

**Composition:** Round tube and steel plate.

**Maintenance:** The cleaning of magnesium and dirt should be carried out periodically, preferably every 3 months, focusing especially on the application of a lubricating and anti-rust liquid.





# WALL BUMPER RACK

BMPWALLRACK

## SPECIFICATIONS

**Dimensions:** 75 x 360 x 1535 mm

**Weight:** 10 kg

**Three round tubes:** 450 mm long and 49 mm in diameter.

**Finish in micro textured electrostatic powder painting.**

**Composition:** Round tube and steel plate.

**Maintenance:** The cleaning of magnesium and dirt should be carried out periodically, preferably every 3 months, focusing especially on the application of a lubricating and anti-rust liquid.



# BUMPER CROSS RACK

BUMPERRAX

## SPECIFICATIONS

**Dimensions:** 555 x 555 x 900 mm

**Weight:** 7,3 kg

**Tube of 49 mm in diameter and length of 830 mm.**

**Cross base with tube application.**

**Finish in micro textured electrostatic powder painting.**

**Composition:** Round and square steel tube.

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.







# WALL BAR HOLDER

OLBARSCHV03

## SPECIFICATIONS

**Dimensions:** 265 x 136 x 150 mm

**Weight:** 3 kg

Up to 3 olympic or technical bars.

Finish in micro textured electrostatic powder coating.

**Composition:** 6 mm steel plate with Ultra High Molecular Weight Polyethylene plates.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# WALL MOUNT SHELF

MEDRACKHALL

## SPECIFICATIONS

**Dimensions:** 1650 x 400 x 220 mm

**Tubes:** 1650 mm in length and 20 mm in diameter.

**Weight:** 10 kg

Different hole distances in the support for placing the bars.

Possibility of placing the distances between tubes as desired on a wall.

Finished in micro textured electrostatic powder paint.

**Composition:** Round tube and steel plate.

**Maintenance:** The cleaning of dirt must be carried out weekly, according to its use, focusing especially on the application of a lubricant and anti-rust liquid.



# CARDIO







## ELLIPTICAL ELITE

### TREADLEDMONITOR

Used to increase cardiovascular and respiratory capacity while toning the whole body, namely glutes, quadriceps, legs, lats, pectorals, biceps and abs.

### SPECIFICATIONS

**Structure composition:** Metal structure with aluminium components. Coatings produced from phenolic resin fibers ensuring high quality and durability of materials.

**Power Source:** Plug-in Connection

**Maximum capacity:** 150 kg

**Monitor:** Calories, watts, stopwatch, speed, distance, resistance level indication, incline level indication, heart rate.

- Touch screen with 10.1" TFT
- USB charging, headphone output, built-in speakers, MP3
- 12 kg inertia wheel, with 20 levels of resistance
- Stride length 500 mm
- Contains 15 levels of inclination
- Mobile phone support
- Support for water bottle

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





# ELLIPTICAL ESSENTIAL

## TREADFITMONITOR

Used to increase cardiovascular and respiratory capacity while toning the whole body, namely glutes, quadriceps, legs, lats, pectorals, biceps and abs.

## SPECIFICATIONS

**Structure composition:** Metal structure with aluminium components. Coatings produced from phenolic resin fibers ensuring high quality and durability of materials.

**Power Source:** Plug-in Connection

**Maximum capacity:** 150 kg

**Stride Length:** 49 cm

**Monitor:** Time, distance, calories, speed, incline level, resistance level, watts, heart rate meter, RPM, user profile.

**The monitor automatically turns on with the start of exercise.**

- Inertia wheel with 20 levels of resistance
- Different training programs possible
- Contains 20 levels of inclination
- Three handle variations
- Tablet and mobile support
- Support for water bottle

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





## AIR BIKE EVOLUTION

### AIRBIKE03

Adjust the seat, place your feet on the pedals, and pedal as fast as you can, gripping the handles firmly as you push them out and pull them in. The harder you pedal, the more resistance you create and the bigger burn you earn! It all comes down to how hard you want to work out. It combines heavy-duty materials, precision engineering, and convenient customization.

### SPECIFICATIONS

**Structure composition:** Aluminum and steel frame; nickel and ABS plastic coating; PVC handles; metal pedals with toe clip and strip.

**Maximum capacity:** 150 kg

#### LCD screen:

- Watts
- RPM
- Calories
- Heart Rate
- Distance
- Time
- Interval Training (Tabata and customized).

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.







## POWER BIKE

### POWERBIKEV1

The Power Bike is an indoor cycling equipment with a 10-level adjustable inertia wheel, handlebars and seat with 17 height options. It's easy to move and store with its two wheels and features an LCD display that shows important information such as time, speed, distance, calories burned, and pulse. The seat is ergonomic and comfortable for longer workouts. The Power Bike is ideal for improving cardiovascular health, burning calories, and increasing physical endurance.

### SPECIFICATIONS

**Structure composition:** Aluminium and steel frame; nickel and ABS plastic coating; PVC handles; metal pedals with toe clip and strip. Air inertia wheel with 10 levels of difficulty, easily adjustable. Handlebars and seat adjustable in 17 possible heights. Footrest. Cell phone holder. More comfortable and ergonomic seat for higher training volumes. Easy to move and store, with two wheels.

**Maximum capacity:** 135 kg

#### LCD screen:

- Watts
- RPM
- Calories
- Heart Rate
- Distance
- Time
- Time/KM
- Interval Training
- History

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





## TREADMILL ENERGY CURVED

TRCURVASLAT1

Racing simulator. It works endurance and strength. Improves fitness and stamina.

### SPECIFICATIONS

**Dimensions:** 1720 x 810 x 1610 mm

**Running surface:** 1600 x 440 mm

**Weight:** 131 kg

**Structure composition:** Metal parts made of aluminium and nickel-plated steel. ABS plastics. Ergonomic PVC handles and mat.

**Power source:** Four AA batteries.

During use, the monitor harnesses the energy created by the bearings.

**Maximum capacity:** 150 kg

**Monitor:** 5" LCD monitor with information on calories, watts, stopwatch, speed, distance, revolutions per minute (RPM), resistance level indication, heart rate (chest strap not included).

**The monitor automatically turns on with the start of exercise.**

- Self-regenerating energy, does not require an engine or electrical connection
- Definition of manual speed, without controlled speed, where to increase the intensity of the race, just accelerate the step
- Shock-absorbing mat, non-slip, durable and comfortable
- Contains 7 predefined programs with the possibility of personalization
- Two wheels and handle for easy moving
- Support for water bottle

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





## TREADMILL PERFORMANCE CURVED

### TRCURVASLAT2

Racing simulator. It works endurance and strength. Improves fitness and stamina.

### SPECIFICATIONS

**Dimensions:** 1720 x 810 x 1610 mm

**Running surface:** 1600 x 480 mm

**Weight:** 161 kg

**Structure composition:** Metal parts made of aluminium and nickel-plated steel. ABS plastics. Ergonomic PVC handles and mat.

**Power source:** Four AA batteries.

During use, the monitor harnesses the energy created by the bearings.

**Maximum capacity:** 150 kg

**Monitor:** 5" LCD monitor with information on calories, watts, stopwatch, speed, distance, revolutions per minute (RPM), resistance level indication, heart rate (chest strap not included).

**The monitor automatically turns on with the start of exercise.**

- Self-regenerating energy, does not require an engine or electrical connection
- Definition of manual speed, without controlled speed, where to increase the intensity of the race, just accelerate the step
- Shock-absorbing mat, non-slip, durable and comfortable
- Contains 7 predefined programs with the possibility of personalization
- Two wheels and handle for easy moving
- Support for water bottle

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





# TREADMILL ELITE RUN

## TRHORIZMOT6HP

Racing simulator. It works endurance and strength. Improves fitness and stamina.

### SPECIFICATIONS

**Dimensions:** 2145 x 930 x 1680 mm

**Running surface:** 1620 x 600 mm

**Weight:** 198 kg

**Structure composition:** Metal structure with aluminium components. Coatings produced from phenolic resin fibers ensuring high quality and durability of materials.

**Power source:** Plug-in Connection

**Maximum capacity:** 160 kg

**Monitor:** 16" touch screen with information about heart rate, calories, watts, stopwatch, speed, time distance, revolutions per minute (RPM), resistance level indication.

- Android operating system with the possibility of installing multiple apps
- USB charge, headphone output, built-in speakers, MP3, Wi-Fi
- Maximum upgrade of 15%
- System equipped with 36 preset programs and 3 fully customizable programs
- Max speed 25 km/h
- Two wheels for easy travel
- Support for water bottle

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.







## TREADMILL ESSENTIAL RUN

### TRHORIZMOT4HP

Racing simulator. It works endurance and strength. Improves fitness and stamina.

### SPECIFICATIONS

**Dimensions:** 2120 x 900 x 1590 mm

**Running surface:** 1550 x 560 mm

**Weight:** 164 kg

**Structure composition:** Metal structure with aluminium components. Coatings produced from phenolic resin fibers ensuring high quality and durability of materials.

**Power source:** Plug-in Connection

**Maximum capacity:** 150 kg

**Monitor:** LED screen with information about heart rate, calories, watts, stopwatch, speed, time distance, revolutions per minute (RPM), resistance level indication.

- Maximum upgrade of 15%
- System equipped with 36 preset programs and 3 fully customizable programs
- Max speed 22 km/h
- Two wheels for easy travel
- Support for water bottle

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





# ROWER

## REMBOXPT

Rowing simulator. It works resistance and strength. Improves conditioning and physical endurance.

## SPECIFICATIONS

**Dimensions:** 2350 x 640 x 1000 mm

**Seat height:** 360 mm

**Weight:** 38 kg

**Structure composition:** Metal parts in aluminium and nickel-plated steel. ABS plastics. PVC handle and seat.

**Energy source:** Two D batteries. During use, the monitor takes advantage of the energy created by the air-inertia wheel.

**Maximum weight per user:** 135 kg

**Monitor:** Calories, watts, stopwatch, stroke rate s/m, time per 500 meters, distance, watt average.

**The monitor automatically turns on with the start of exercise.**

- Air-inertia wheel: the more you pull, the more resistance you feel
- Different training programs possible
- Contains 9 levels of difficulty in the wheel
- Foot rest adjustable in 5 levels
- Mobile phone stand
- Easy to move and store, with two wheels and standing.

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





## SKI

### SKIERGBOXPT

Rowing simulator. It works resistance and strength. Improves conditioning and physical endurance.

### SPECIFICATIONS

**Dimensions:** 2350 x 640 x 1000 mm

**Seat height:** 360 mm

**Weight:** 38 kg

**Structure composition:** Metal parts in aluminium and nickel-plated steel. ABS plastics. PVC handle and seat.

**Power source:** Two D batteries. During use, the monitor takes advantage of the energy created by the air-inertia wheel.

**Maximum weight per user:** 135 kg

**Monitor:** Calories, watts, stopwatch, stroke rate s/m, time per 500 meters, distance, watt average.

**The monitor automatically turns on with the start of exercise.**

- Air-inertia wheel: the more you pull, the more resistance you feel
- Different training programs possible
- Contains 9 levels of difficulty in the wheel
- Mobile phone stand
- Easy to move and store, with two wheels and standing.

**Maintenance:** It is the sole responsibility of the user/owner to ensure that regular maintenance is carried out. Apply a disinfectant liquid to a damp cloth right after use. In case of humidity, the guarantee cannot be activated.

More information in the manual.





LEG PRESS



HIP THRUST

**FREE  
WEIGHT**



LEG EXTENSION



CHEST PRESS



DUAL HIP ABDUCTION



DUAL PECT FLY

**WEIGHT  
CLIMBING**



DUAL LEG PRESS



DELTOIDE TRAINER





**MULTISTATION  
AND CABLE  
CROSSOVER**



DUAL CABLE CROSSOVER



MULTI POWER



MULTISTATION - 5 STATION



DIGITAL POLY

**FULL  
STRENGTH**



SISSY SQUAT



ROMAN CHAIR



KNEE LIFTING



HORIZONTAL OLYMPIC BENCH



# FUNCTIONAL TRAINING

**BOXPT**  
EQUIPMENT

**POWERBAG**



**BOXPT**  
EQUIPMENT

**BULGARIAN BAG**

8  
KG

FOR ALL

10  
KG

**BOXPT**  
EQUIPMENT

**BULGARIAN BAG**

10  
KG



# RUBBER FLOOR

## PAVQUA

Compact floor solution with excellent compressive strength. The non-slip characteristics of this product make it possible to practice more technical movements, without compromising the safety and stability of the athlete in the handling of high loads.

## SPECIFICATIONS

**Dimensions:** 1000 x 1000 mm

**Tolerance:** ± 2 mm

**Composition:** Honeycomb base floor consisting of recycled rubber granules that are mixed with isocyanate and water.

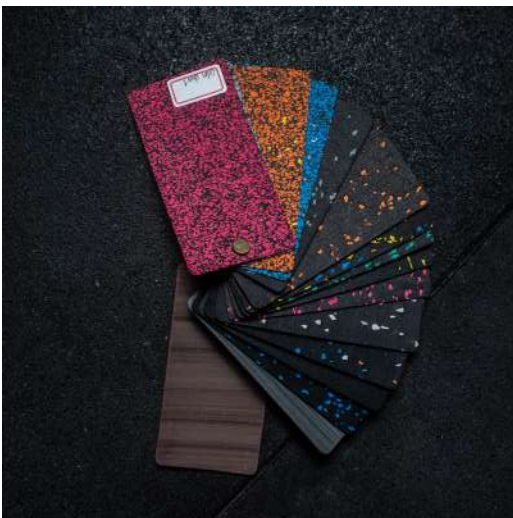
### Thickness / Weight:

10 mm - 13 kg | 12 mm - 14 kg  
15 mm - 16 kg | 20 mm - 18,5 kg  
25 mm - 22 kg | 30 mm - 26 kg  
40 mm - 35 kg

### Features:

- Comfortable
- Flexible
- Non-slip
- Painless
- Recyclable
- Easy to install and remove  
(not needing to be glued to the floor)

**Maintenance:** It is advisable that the floor is frequently cleaned and sanitized with a solution of water (8-10 liters), bio-alcohol cleaner (50ml) and a bleach lid.





# ARTIFICIAL GRASS

## RELVASINTETICA

Fire and UV-resistant, versatile and durable, this Artificial Grass creates a unique look and feel and is perfect for high-traffic indoor and outdoor areas. At the same time, it offers a firm and soft cushioning, great for the weighted sled, sprints and heavy lifting.

## SPECIFICATIONS

**Width:** 2 / 4 meters

**Length:** As desired

**Thickness:** 15 mm

**Tolerance:**  $\pm 5\%$

**Weight:** 530 g/m<sup>2</sup> ( $\pm 10\%$ )

**Composition:** Polypropylene canvas, textured polypropylene grass.

**Fiber weight (g/m<sup>2</sup>):** 530 g/m<sup>2</sup>

**Number of stitches (m<sup>2</sup>):** 22 600 stitches

**Yarn Retention:** 30N on average ( $\pm 5\%$ )

**Loom:** 5/16"

Metric markings and/or logos can be printed.

**Maintenance:** When used indoors, it should be cleaned using brushes. When used outside, it can be cleaned with high pressure water. The use of abrasive products such as those containing hydrochloric acid and/or bleach is prohibited.





## KEVLAR MEDICINE BALL

MBALLKEV03  
MBALLKEV06  
MBALLKEV09

These are weight balls that can be used for numerous exercises and also for stretching and mobility. Due to its impact cushioning, it is very practical to use against a wall as on target with squats.

### SPECIFICATIONS

**Diameter:** 350 mm

**Weight:** 4 kg | 6 kg | 9 kg

**Composition:** Crushed rubber core and iron sand coated in a foam ball. The second layer is coated with polypropylene (pp) and soft and resistant cotton. Cover in kevlar fabric and sealed with nylon handle.

#### Features:

- More abrasion and impact resistant kevlar fabric
- Center concentrated weight for better rolling
- Cushioned balls for better comfort
- Synthetic coating with better grip

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.



# MEDICINAL BALL

## MBALLO

Medicine balls are one of the most versatile pieces of training equipment you can have in your gym. With a rubber filling and a robust PVC cover, the BOXPT medicine balls will withstand the most intense training and keep their shape over time.

They start at 3 kg and go up to 15 kg, allowing you to work on endurance and strength. You can do several types and variations of exercises with them: wall balls against a wall, exercises in pairs, abdominal crunches with weights, cleans with a ball, shoulder press, mobility movements, etc.

## SPECIFICATIONS

**Diameter:** 350 mm

### Weight:

3kg | 4 kg | 6 kg | 8 kg  
9 kg | 10 kg | 12 kg | 15 kg

**Composition:** Core in crushed rubber and iron sand coated in a foam ball. Second layer coated with polypropylene (pp) and soft and resistant cotton. Reinforced pvc mesh cover and sealed with nylon cable.

- Padded balls with better comfort
- Synthetic coating with better adhesion
- Weight concentrated in the center for better rolling

**Maintenance:** Cleaning with a damp cloth should be carried out after exercising or at the end of the day of use. When storing, do not place heavy objects on top. Do not put the entire body weight on top.



# KIDS MEDICINAL BALL

MBALL001  
MBALL002

The BOXPT Medicine Ball for Kids is available in 2 different weights. Its inner filling is bulky enough to keep the ball in its shape even with much use, perfect for being handled by children. The Kids Wall Ball is smaller in size when compared to the normal Wall Ball.

## SPECIFICATIONS

**Diameter:** 250 mm

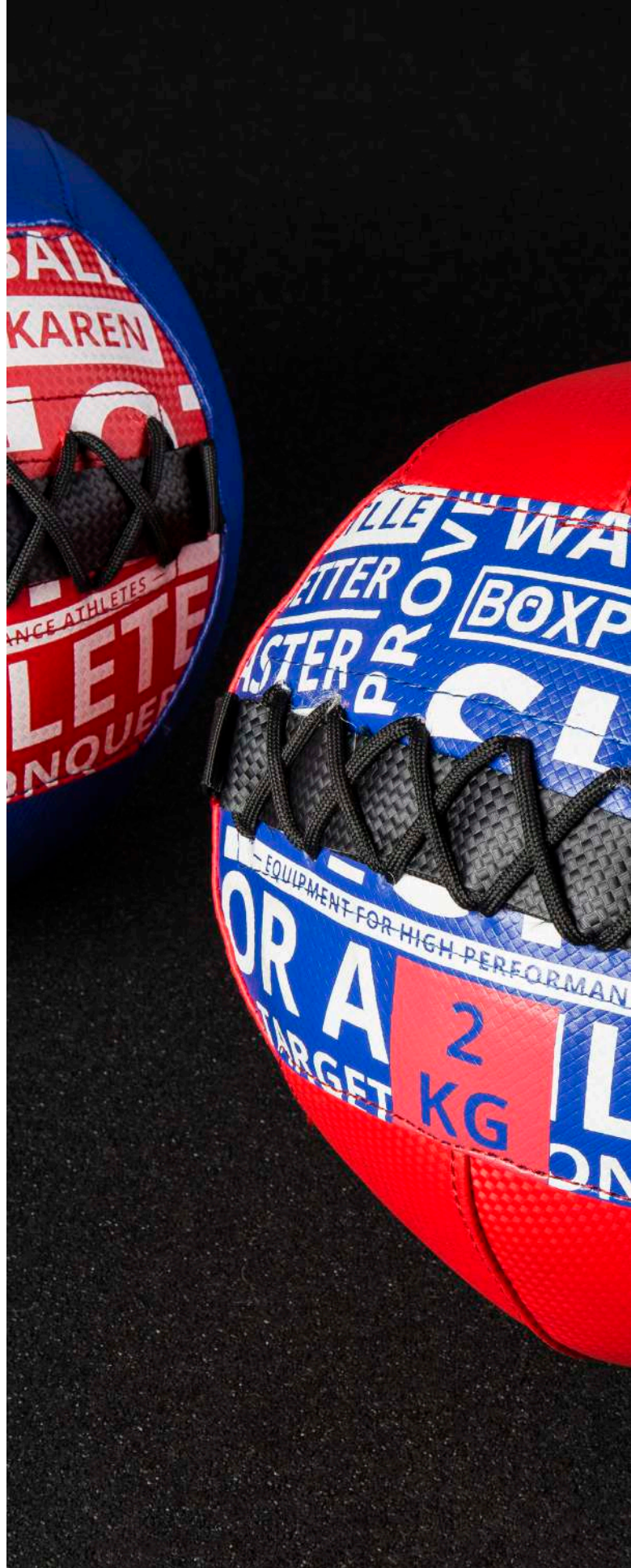
**Composition:** Foam coated crushed rubber core. Cover in reinforced PVC mesh and sealed with nylon cable.

**Weight:**

1 kg | 2 kg

- Padded balls with better comfort
- Synthetic coating with better adhesion
- Weight concentrated in the center for better rolling

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.





# SLAM BALL

## MBALL001

Slam balls are one of the most versatile training tools you can have at your gym. They can be an easy way to add resistance to bodyweight exercises, such as squats and sit-ups.

The BOXPT Slam Balls will withstand the most intense workout, keeping their shape over time. These rubber balls have a rugged, textured surface that makes them easy to grip and give them durability to stand up to indoor or outdoor training sessions.

## SPECIFICATIONS

### Diameter:

3 kg to 10 kg - Ø 220 mm  
15 kg to 30 kg - Ø 260 mm  
40 kg to 50 kg - Ø 285 mm  
60 kg to 70 kg - Ø 320 mm

**Composition:** Core in iron sand and air coated in a rubber ball.

### Weight:

3 kg | 4 kg | 5 kg  
10 kg | 15 kg | 20 kg  
30 kg | 40 kg | 50 kg  
60 kg | 70 kg

- Big knurl for better grip when gripping.

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.



# REBOUND MEDICINE BALL

## REBMED

They are weight balls that can be used in countless exercises and in stretching and mobility. Due to its impact cushioning and rebound effect it is very practical to use against a wall as a target.

## SPECIFICATIONS

Dimensions increase with increasing weight:

1 kg and 2 kg - Ø 190 mm  
3 kg to 5 kg - Ø 230 mm  
6 kg to 10 kg - Ø 280 mm

Weights:

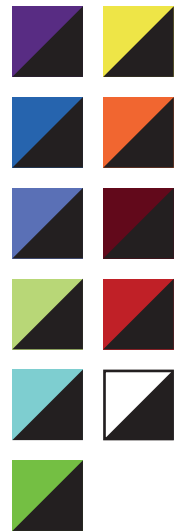
1 kg | 2 kg | 3 kg  
4 kg | 5 kg | 6 kg  
7 kg | 8 kg | 9 kg  
10 kg | 12 kg

Composition: Rubber

Different colors on the balls for better weight identification.

- Weights distinguishable by size and color
- Texture for better grip when gripping

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.



# POWER BAG

## SBoo

They are weight bags due to the position of the 4 handles, allowing a huge variety of power and speed exercises, but also used in stretching and mobility. Being foamed it cushions the user's impacts.

## SPECIFICATIONS

**Dimensions:** 600 mm length

**Diameter:** 225 mm

### Weights:

5 kg | 7,5 kg | 10 kg

12,5 kg | 15 kg | 20 kg

25 kg | 30 kg

Tolerance: ± 200 g

**Composition:** Bag sealed with iron sand, filled with EPE foam. Synthetic leather mesh cover with PVC handles.

Different colors on the side for better weight identification.

- It has four handles to further diversify the possible exercises.
- Synthetic coating with better adhesion.

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.



# BULGARIAN BAG

BB

They are weight bags due to the position of their handles, allowing for an enormous possibility of exercises of power, speed and resistance. Being foamed it cushions impacts on the user and comfort on the support.

## SPECIFICATIONS

**Dimensions:** 700 x 650 x 200 mm

**Diameter:** 225 mm

### Weights:

5 kg - Gray

8 kg - Pink

10 kg - Green

12,5 kg - Purple

15 kg - Yellow

20 kg - Blue

25 kg - Red

**Composition:** Bag sealed with iron sand, filled with EPE foam. Synthetic leather mesh cover with PVC handles.

Different colors on the side for better weight identification.

- It has five handles to further diversify the possible exercises
- Synthetic coating with better adhesion
- Two handles with help tapes on the handles
- Ergonomic shape to put on your shoulders

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.





## STRONG BAG

SANDBAG45  
 SANDBAG68  
 SANDBAG90

The Strong Bags BOXPT are a complete and versatile alternative to heavy balls and tyres, requiring strength, conditioning, balance and control. They are available in three sizes, with capacity for maximum fills of 45 kg, 68 kg and 90 kg. Made from nylon, these bags are robust and designed to withstand falls, drags and pulls.

### SPECIFICATIONS

**Dimensions:** 230 mm / 360 mm / 440 mm

**Diameter:** 410 mm

**Weight:** 45 kg | 68 kg | 90 kg

**Composition:** Nylon 1000D and velcro.

**Filling:** With crushed rubber and sand.  
 Filling not included.

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.



# WORMBAG

## SANDBAGLTEAM

This 4-athlete worm bag is a complete and versatile training equipment, requiring strength, conditioning, balance and control. It features a 30 cm diameter cylinder with an exterior shell in 1000D nylon and internal fillers of different sizes. There are two 54 kg filler bags, two 42 kg, and three 4 kg bags. Throw in the 6 kg weight of the shell, and this Worm Bag comes in at 210 kg total.

## SPECIFICATIONS

**Diameter:** 300 mm

**Length:** 4,2 m

**Weight:** Empty weight: 6 kg

Maximum weight of 210 kg

**Composition:** Nylon 1000D e velcro.

**Filling:** with crushed rubber and sand.  
Filling not included.

### Features:

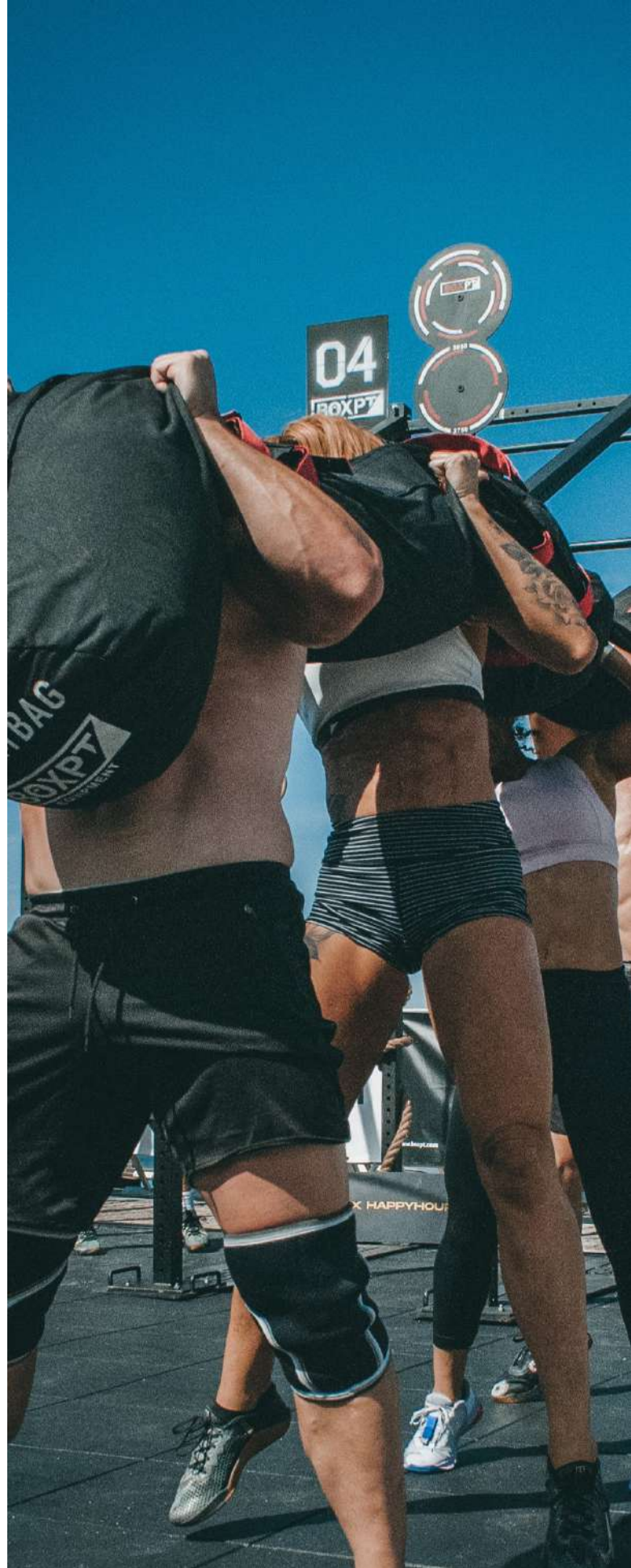
- Worm bag
- 2x – 1200 mm bags for a maximum weight of 54 kg
- 2x – 850 mm bags for a maximum weight of 42 kg
- 3x – 75 mm bags for a maximum weight of 4 kg

### Order of placing the bags inside the worm bag:

1200 / 75 / 850 / 75 / 850 / 75 / 1200

To be used by 4 people.

**Maintenance:** Cleaning with a damp cloth should be carried out after exercising or at the end of the day of use. When storing, do not place heavy objects on top. Do not put the weights on top.





# ANKLE WEIGHT

LKW-1215-1  
LKW-1215-2  
LKW-1215-3

Adjustable resistance for both Rehabilitation and Training. The velcro closure gives you the perfect fit. The contour-foam cushioned fit provides friction-free comfort.

## SPECIFICATIONS

**Weight / Dimensions:**  
1 kg - 270 x 45 x 110 mm  
2 kg - 330 x 45 x 110 mm  
3 kg - 330 x 45 x 110 mm

**Composition:** Iron sand inside coated with Neoprene. With velcro tape and aluminum ring.

- Features:**
- Rectangular shape
  - Fastened with Velcro
  - Sold in pairs

**Maintenance:** The cleaning should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not store humid or wet.



# HAMMER

MARRETA04  
MARRETA06  
MARRETA08  
MARRETA10

Build pure strength and explosive power with the BOXPT Weighted Hammer. Training with a sledgehammer engages all muscles of your body, requiring energy and endurance. Each swing starts at your feet, travels up through your legs, is transmitted via your core muscles up into your chest and back and finally delivered through your arms. It is a training tool out of this world, possibly forged by the gods!

The BOXPT Weighted Hammer is available in 4 different weights and sizes, from 4 kg up to 10 kg. The iron head handles the toughest workouts and the knurled handle gives you a firm grip even with sweaty hands.

## SPECIFICATIONS

### Weight / Dimensions:

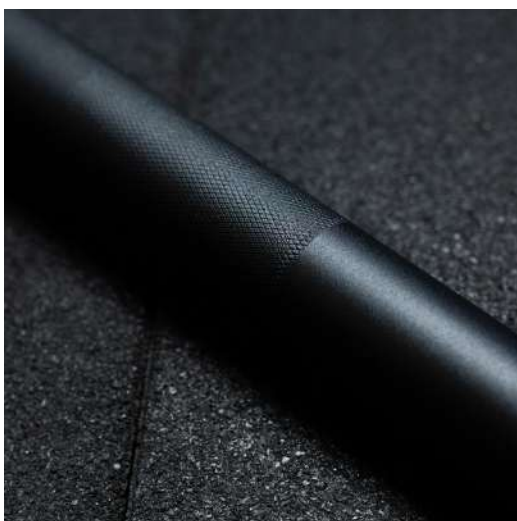
4 kg - 160 x 50 x 750 mm and 32 mm in diameter  
6 kg - 190 x 60 x 760 mm and 32 mm in diameter  
8 kg - 190 x 60 x 995 mm and 40 mm in diameter  
10 kg - 190 x 60 x 1005 mm and 40 mm in diameter

**Composition:** Round tube and block with micro textured electrostatic powder coating finish.

**Knurl:** 480 mm (4 kg and 6 kg) and 650 mm (8 kg)

**Tube clamping:** 32 and 40 mm in diameter.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.







# FLOOR GLUTE HAM

## FLOORGLT

Strengthen your hamstrings and glutes with the Floor Glute Ham. The perfect equipment for isolated eccentric and/or isometric training.

## SPECIFICATIONS

**Dimensions:** 1550 x 670 x 500 mm

**Weight:** 50 kg

**Composition:** Rectangular tube and iron plate. Micro-textured electrostatic powder coating finish. High-density foam.

### Foams:

- Rectangular - 1220 mm x 620 mm x 60 mm;
- Cylindrical - 190 mm long and 100 mm in diameter.

### Features:

- 6 levels of height between the foams
- Easy to store and transport thanks to its wheels and handle
- With footrest

**Maintenance:** The cleaning of dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# GHD

## GHD002

Adjust it, use it, move it around, and use it again! Compact, portable, and fully adjustable, this GHD is perfect for any training facility and garage gym.

With a triangular base and rubber feet, this durable training machine won't move during sit-ups, back extensions, glute exercises or hamstrings workouts. Besides, you can use the rear handles for dips! With a single piece of equipment, you can train a variety of muscle groups in different and efficient ways.

## SPECIFICATIONS

**Dimensions:** 2000 x 1080 x 1250 mm

**Weight:** 70 kg

**Composition:** Rectangular, round tube and iron plate. Finishing in micro textured electrostatic powder painting. Stainless steel tube and plate. Rubber feet and handle. Foams in recycled cotton covered by polyurethane.

### Features:

- Support platform for entry and exit of the GHD
- Foot support adjustment in height and length
- Foams to support the pelvis and legs
- Handholds for positioning the exercises
- Wheels for easy transportation.

**Maintenance:** The cleaning of dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# GHD FOR RIG

## GHDRIG

The GHD for RIG was designed to be included in training spaces with limited space available. It is easy to store and can be disassembled whenever you need it. Adjust it to your needs and take your workouts to the next level!

## SPECIFICATIONS

### Dimensions:

Foam - 600 x 500 x 200 mm

Footrest - 450 x 298 x 300 mm

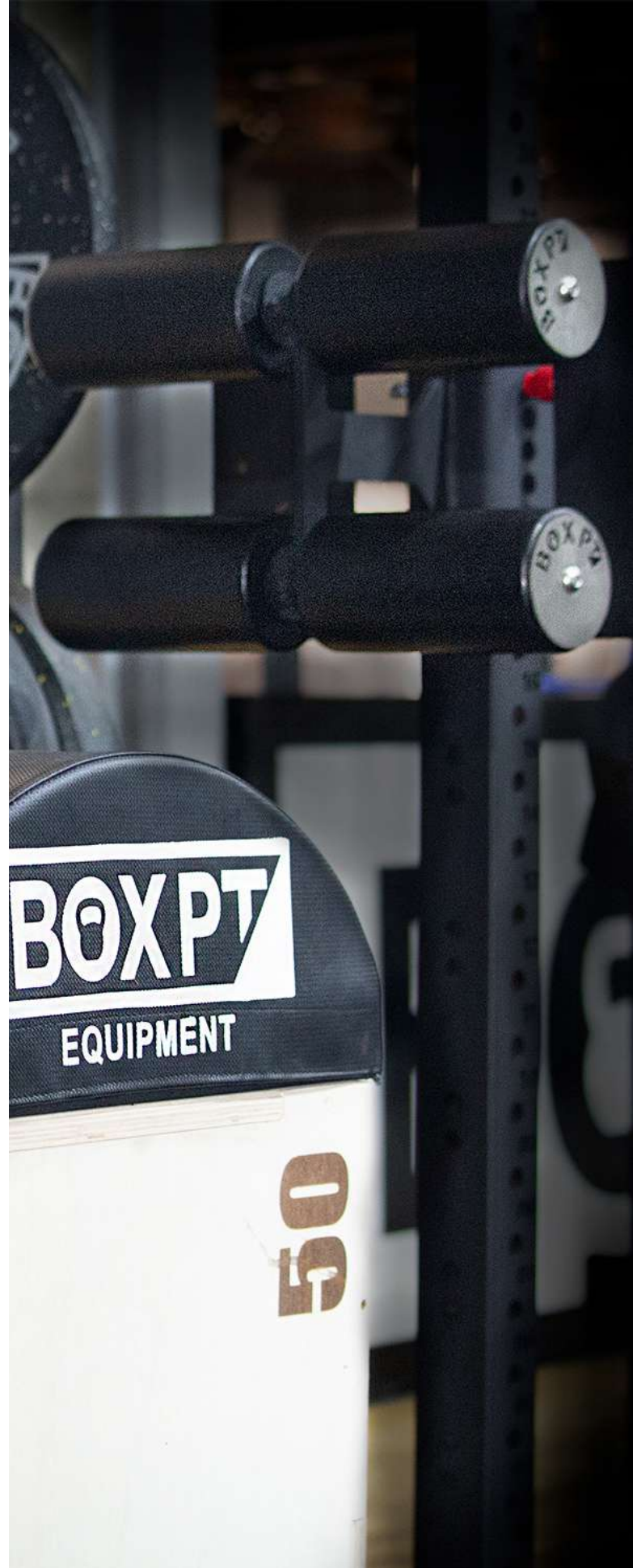
**Weight:** 12 kg (Foam - 4 kg / Footrest - 9 kg)

**Composition:** Rectangular, round tube and iron plate. Micro textured electrostatic powder coating finish. Stainless steel sheets. Foam in recycled cotton covered with artificial leather (PVC). Cylindrical polyurethane foams.

### Features:

- 1x Pillows with ribbons and clips
- 4x Padded foot cylinders
- 2x Pin bolts
- Height adjustable footrest by drilling the BOXPT post with pin bolts. Adapted for 70 mm square posts only.
- Foam to support the pelvis and/or legs. This must be allocated to a BOXPT plyobox (not included).
- We advise you to use the box on a non-slip floor.

**Maintenance:** The cleaning of dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# WOODEN PLYOBOX

CPMADROCK  
CPMADMINI

The Wooden Plyobox is built for safe, effective plyometric training. Place it on a flat, non-slip surface, turn it over to its 50 cm, 60 cm, or 75 cm height, and perform step-ups, box jumps, dips, bulgarian split squats, or box push-ups.

The Kids Wooden Plyobox in Wood is designed for safe and effective pliometry training for little ones.

## SPECIFICATIONS

### Dimensions:

Normal: 750 x 500 x 600 mm

Kids: 350 x 400 x 400 mm

Thickness: 20 mm

Weight: 25 kg / 7 kg

Composition: Laser-cut birch plywood plates.

Maximum capacity: 300 kg / 150 kg

- Puzzle all the pieces
- With handles on the sides for easy transport
- Weight concentrated in the center for better rolling

**Maintenance:** The cleaning of dirt should be carried out periodically, preferably every 3 months, focusing especially on the application of a protective liquid of woods.



# BLACK WOODEN PLYOBOX

## CPMADROCKBLACK

The Black Wooden Plyobox is built for safe, effective plyometric training. Place it on a flat, non-slip surface, turn it over to its 50 cm, 60 cm, or 75 cm height, and perform step-ups, box jumps, dips, bulgarian squat splits, or box push-ups.

Sturdy and suitable for high-intensity workouts, our Black Wooden Plyo Box is stable and versatile, perfect for gyms or boxes in which multiple athletes will be rotating through a plyo box station. All panels are CNC machined with round edges for safety and precision corner joints for quick assembly.

## SPECIFICATIONS

**Dimensions:** 750 x 500 x 600 mm

**Thickness:** 20 mm

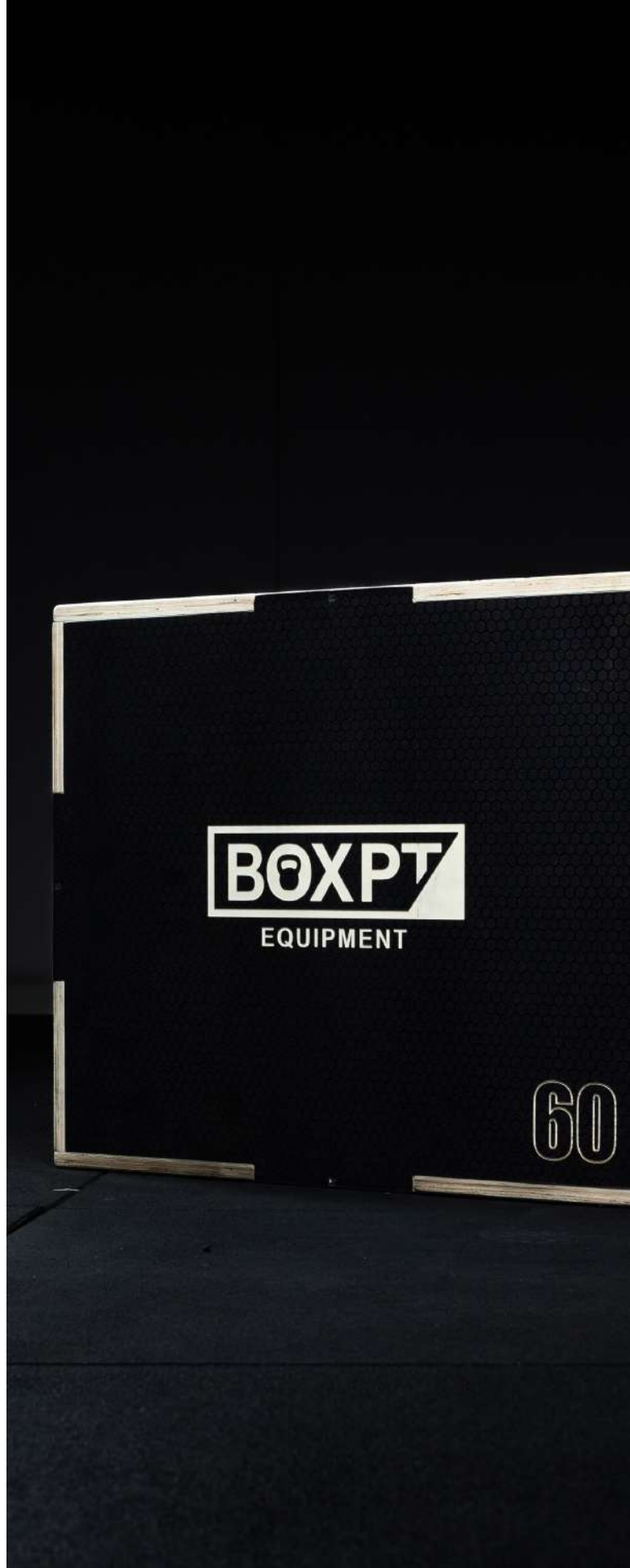
**Weight:** 25 kg

**Composition:** Laser-cut birch plywood plates.

**Maximum capacity:** 300 kg

- Puzzle all the pieces
- With handles on the sides for easy transport
- Weight concentrated in the center for better rolling

**Maintenance:** The cleaning of dirt must be carried out weekly, depending on its use, focusing especially on the application of a protective liquid for woods.



# FOAM PLYOBOX

## CPILESPUMA

The Foam Plyobox is built for safe, effective plyometric training. Place it on a flat, non-slip surface, turn it over to its 50 cm, 60 cm, or 75 cm height, and perform step-ups, box jumps, dips, Bulgarian split squats, or box push-ups.

It features a dense foam core with softer foam in all six sides, making it firm and secure, but smooth enough that you won't injure your shins on the edges if you misstep. If there is any wearing of the surface of the box it can be replaced or washed since the cover is removable.

## SPECIFICATIONS

**Dimensions:** 750 x 500 x 600 mm

**Thickness:** 10 to 20 mm

**Weight:** 7 kg

**Composition:** Interior in polyethylene foam. Covering in resistant vinyl fabric.

- Removable cover

**Maintenance:** The cleaning of dirt should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.



# STACKABLE FOAM PLYOBXES

## CPFOAM

The Stackable Foam Plyoboxes are firm enough to finish pliometric movements more smoothly, using the internal sponge to protect your body from getting hurt. It has the same strength and durability as a wooden box but with the advantage of having a foam lining.

## SPECIFICATIONS

**Dimensions:** 900 x 760 mm

**Tolerance:** 10 to 20 mm

### Heights / Weights:

75 mm - 2,2 kg

150 mm - 3,1 kg

300 mm - 5 kg

450 mm - 7,1 kg

600 mm - 9 kg

**Composition:** Ultra-dense foam core with softer foam on all sides. Sturdy vinyl cover.

- Five boxes coupled and conjugated with different heights
- Removable cover
- Sold separately

**Maintenance:** The cleaning of dirt should be done with a damp cloth after exercise or at the end of the day of use. When storing, do not place heavy objects on top of it. Do not drop on other objects.





# CLIMBING ROPE

## ROPTREPAR

The BOXPT Climbing Ropes offer safety and durability. Designed for indoor use, they can be used for both downhill and vertical climbing. They are available in two materials: Sisal and Polyester fiber.

## SPECIFICATIONS

**Composition:** Sisal or Polyester fiber rope. String ends covered with hot molded PVC. One of the ends with antifriction coating on the part of the loop.

**Handle:**

Sisal: 45 mm in diameter.

Polyester fiber: 38 mm in diameter.

**Dimensions / Weight - (Sisal/Polyester)**

3 meters - 4 kg | 4 kg

5 meters - 7 kg | 5 kg

8 meters - 13 kg | 8 kg

- There's a bow on one end to tie (Sisal)
- There's a knot hook on one end to attach (Polyester)
- Indoor use only

**Maintenance:** It is advisable to constantly check the condition of the climbing rope. Avoid leaving the climbing rope in damp places by keeping it in dry places. If it gets wet, the climbing rope should be dried directly in the sun.







# COMBAT ROPE

**CROPE12M3,5**

Unleash the full potential of your strength and endurance with our Battle Rope! Made from durable, high quality nylon, it is designed to withstand even the most intense workouts.

Whether you are an experienced athlete or just starting out you can substantially improve your fitness, because the Battle Rope is for building muscle, burning fat, working your core and boosting your forearm strength.

## SPECIFICATIONS

**Length:** 12 m

**Handle:** 50 mm in diameter

**Composition:** Nylon rope - PP  
String ends covered with hot molded PVC

**Weight:** 17 kg

- For indoor use only

**Maintenance:** It is advisable to constantly check the condition of the climbing rope. Avoid leaving the climbing rope in damp places by keeping it in dry places. If it gets wet, the climbing rope should be dried directly in the sun.



# FURIOUS SPEED ROPE

## FURIOUSSPEEDRO

With the Furious Speed Rope, the double-unders will no longer be a problem! Rope jumping provides better coordination and cognitive function.

Strengthens muscle groups such as the calves, abs, shoulders, thighs, and glutes. Indicated for high-intensity training, increasing heart rate.

## SPECIFICATIONS

**Rope:** 3 meters long x 2,3 mm thick  
(Variable  $\pm 0,2$  mm).

**Weight:** Between 100 to 300 g the unit.

**Handle:** Conical 133 mm length x 19 mm larger diameter with 100 mm long and 13,1 mm smaller diameter.

**Composition:** PVC handle with bearing and ball with hole for metal cable inlet. PVC-coated steel alloy cable.

- Possibility to adjust the handles on the cable with manual tightening screws.
- Includes polypropylene bag (PP) for easy transport.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearings and the ball should be oiled.



# MACH 1 SPEED ROPE

SPEEDROPEMAR1AV | SPEEDROPEMAR1AP

Lightweight and durable, the Mach 1 Speed Rope is great for high-intensity training sessions. It features aluminium handles, a length-adjustable, coated steel cable and a bearing system for speed and smoothness.

A jump rope routine is one of the best and most complete cardio workouts you can do. Additionally, it improves agility, coordination, speed, and targets several muscles in your upper and lower body, such as biceps, forearms, core, quads, hamstrings, gluteus, and calves.

## SPECIFICATIONS

**Rope:** 3 meters long x 2,3 mm thick  
(Variable  $\pm 0.2$  mm)

**Weight:** Between 100 and 300 g the unit.

**Handle:** Cylindrical 120 mm length x 16,6 mm in diameter with 85 mm in length and 11,4 mm smaller in diameter

**Composition:** Aluminum handle with bearing and ball with hole for metal cable inlet.  
PVC-coated steel alloy cable

- Handle with knurl 73 mm long and 0,2 mm high.
- Possibility to adjust the handles on the cable with manual tightening screws.
- Includes polypropylene bag (PP) for easy transport.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearings and the ball should be oiled.



# MACH 2 SPEED ROPE

SPEEDROPEMAR2PA | SPEEDROPEMAR2PPA  
SPEEDROPEMAR2PP | SPEEDROPEMAR2PR  
SPEEDROPEMAR2PV

Improve your physical fitness with the Mach 2 Speed Rope. It features a durable 2 mm thick steel cable coated in nylon and PVC handles that will fit comfortably in your hands.

A jump rope routine is one of the best and most complete cardio workouts you can do. Additionally, it improves agility, coordination, speed, and targets several muscles in your upper and lower body, such as biceps, forearms, core, quads, hamstrings, gluteus, and calves.

## SPECIFICATIONS

**Rope:** 3 meters long x 2 mm thick  
(Variable  $\pm 0,2$  mm)

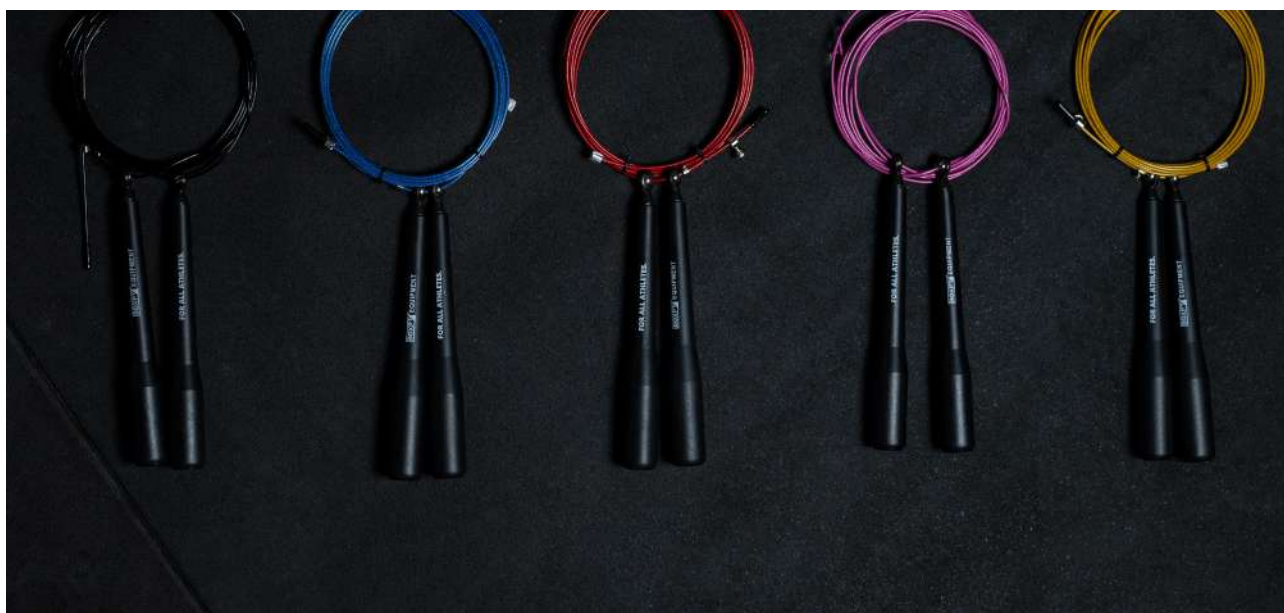
**Weight:** Between 100 and 300 g the unit.

**Handle:** Conical 160 mm length x 22,3 mm larger diameter with 45 mm long and 12,6 mm smaller diameter

**Composition:** PVC handle with bearing and ball with hole for metal cable inlet.  
Nylon-coated steel alloy cable

- Possibility to adjust the handles on the cable with manual tightening screws or by appropriate star wrench.
- Includes microfiber bag for easy transportation.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearings and the ball should be oiled.



# HERO SPEED ROPE

SROPE-STB | SROPE-ST5  
SROPE-STG

They are weight bags due to the position of the 4 handles, allowing a huge variety of power and speed exercises, but also used in stretching and mobility. Being foamed it cushions the user's impacts.

## SPECIFICATIONS

**Rope:** 3 meters long x 2,3 mm thick  
(Variable  $\pm 0,2$  mm)

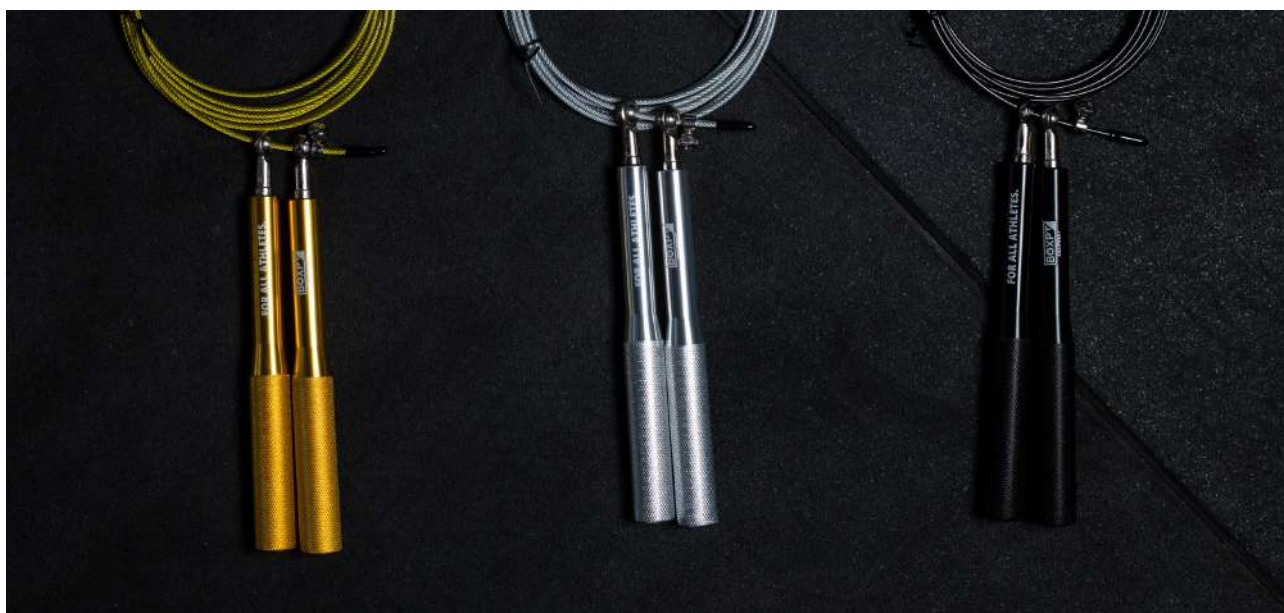
**Weight:** 200 g the unit.

**Handle:** Conical 133 mm length x 19 mm larger diameter with 100 mm long and 13,1 mm smaller diameter

**Composition:** Aluminium handle with bearing and ball with hole for metal cable inlet. PVC-coated steel alloy cable.

- Possibility to adjust the handles on the cable with manual tightening screws.
- Includes polypropylene bag (PP) for easy transport.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearings and the ball should be oiled.



# SPEED ROPE LONG HANDLE

## SROPE

The Long Handle Jumping Rope is the ideal rope for training your endurance, coordination, and agility.

Rope skipping is one of the best and most complete cardio workouts you can do. Additionally, it develops agility, coordination and speed, and recruits various upper and lower body muscles, such as the biceps, forearms, abdominal, quadriceps, posterior thigh, glutes and calves.

## SPECIFICATIONS

**Rope:** 3 meters long x 2,3 mm thick  
(Variable  $\pm 0,2$  mm)

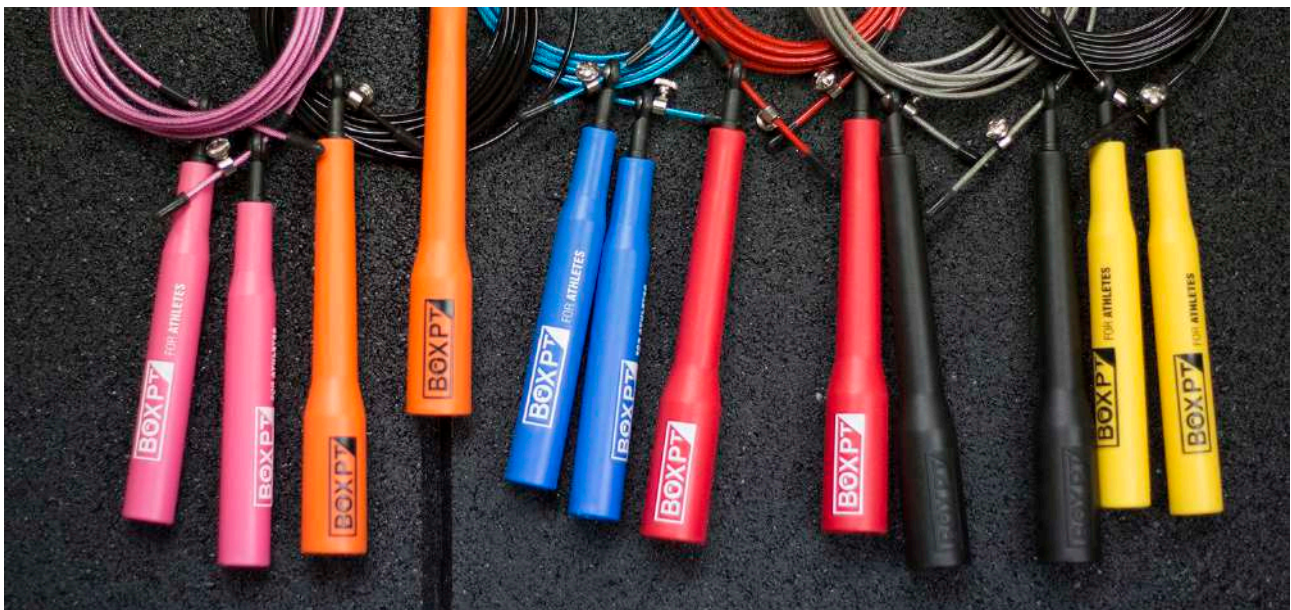
**Weight:** Between 100 and 300 g the unit.

**Handle:** Conical 150 mm length x 23,7 mm larger diameter with 50 mm long and 13,7 mm smaller diameter

**Composition:** PVC handle with bearing and ball with hole for metal cable inlet.  
PVC - coated steel alloy cable.

- Possibility to adjust the handles on the cable with manual tightening screws.
- Includes polypropylene bag (PP) for easy transport.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearings and the ball should be oiled.



# SPEED ROPE PRO

SPEEDPRO | SPEEDPROB  
SPEEDPROR | SPEEDPROP

Add resistance to your workout with the Weighted Speed Rope Pro. While maintaining Speed Rope Pro's proven speed and durability, this rope allows you to add weight to your rope's handles.

This rope is versatile and adaptable, as it allows to perform the movement with or without weight.

- Possibility to adjust the handles on the cable with manual tightening screws.
- Includes polypropylene bag (PP) for easy transport.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearing should be oiled.

## SPECIFICATIONS

**Rope:** 3,40 meters long x 2,3 mm thickness  
(Variable of  $\pm 0,2$  mm)

**Weight:** 150 g per pair.

**Handle:** Cylindrical 165 mm length x 25 mm in diameter.

**Composition:** Polypropylene handle (PP) with non-slip tape with a ball bearing. PVC-coated steel alloy cable.



# PRO WEIGHTED SPEED ROPE

SPDRPPROBLCKWW

Add resistance to your workout with the Weighted Speed Rope Pro. While maintaining Speed Rope Pro's proven speed and durability, this rope allows you to add weight to your rope's handles.

This rope is versatile and adaptable, as it allows to perform the movement with or without weight.

## SPECIFICATIONS

**Rope:** 3,40 meters long x 2,3 mm thickness  
(Variable of  $\pm 0,2$  mm)

**Weight:**  
150 g per pair.  
100 g each weight.  
Total: 350 g

**Handle:** Cylindrical 165 mm length x 25 mm in diameter.

**Composition:** Polypropylene handle (PP) with non-slip tape with a ball bearing.  
PVC-coated steel alloy cable.

- Possibility to adjust the handles on the cable with manual tightening screws.
- Includes polypropylene bag (PP) for easy transport.

**Maintenance:** It is advisable to be cleaned and sanitized after use. Regularly, as needed, the bearing should be oiled.





# BALANCE CUSHION

## BALCUSH

The BOXPT Balance Cushion is an essential accessory for injury prevention and rehabilitation. It improves proprioception as prevention or rehabilitation after injury or surgery and strengthens core stability muscles to help decrease back pain.

## SPECIFICATIONS

**Diameter:** 330 mm

**Height:** 55 mm

**Composition:** Latex-free (PVC) rubber and pre-inflated.

**Weight:** 1,1 kg

- Comfortable
- Flexible
- Non-slip
- Painless
- Not absorbent
- Light and easy to transport

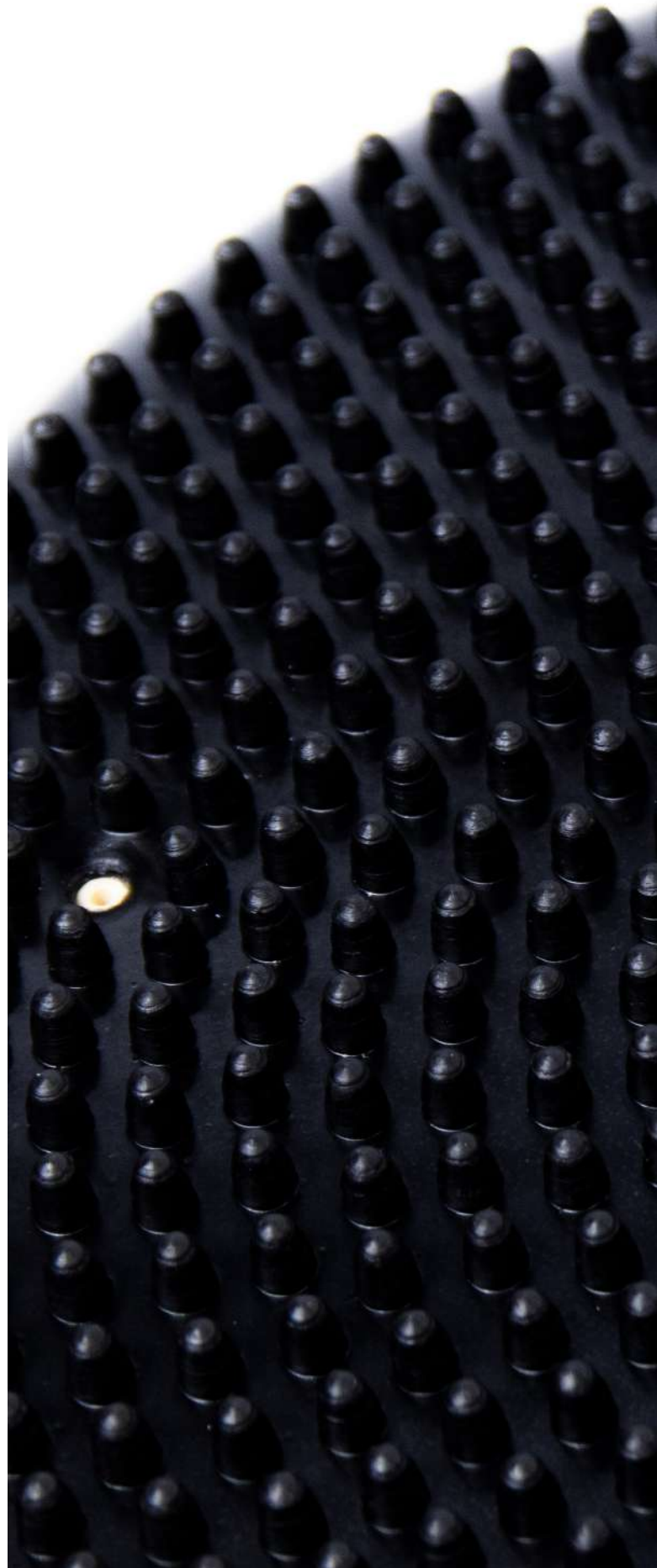
### Two surfaces:

- Rough with peaks 7 mm high
- Smooth non-slip

Includes pump for filling

Maximum capacity: 160 kg

**Maintenance:** It is advisable to wear it barefoot and/or with socks. It is advisable to clean and sanitize after each use. It should be air dried. Do not place heavy objects on top of it during storage.



# BALANCE PAD

BLNCPD230

With a smooth, textured surface and a super soft foam, the BOXPT Balance Pad is ideal for stability training and rehabilitation. It acts as an unstable base that forces your stabilizing muscles to work harder. It improves balance, strength, joint stability, and coordination.

## SPECIFICATIONS

### Dimensions:

380 x 240 x 60 mm

475 x 380 x 60 mm

Tolerance:  $\pm 5$  mm

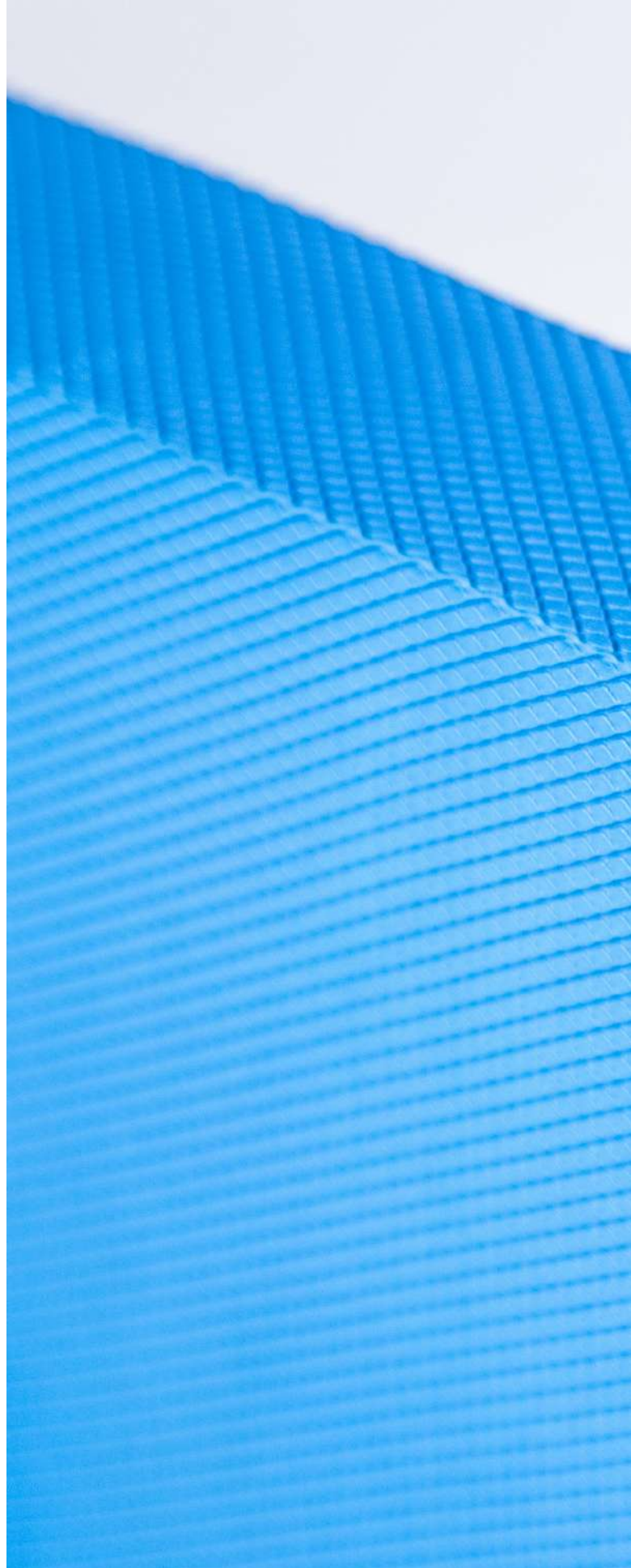
### Weight: 280 g | 520 g

Tolerance:  $\pm 5$  mm

- Comfortable
- Flexible
- Non-slip
- Painless
- Non-absorbent
- Lightweight and easy to transport
- Can be used outdoors

Maximum weight capacity: 350 kg

**Maintenance:** It is advisable to use barefoot and / or with socks. It is advisable to be cleaned and sanitized with each use. Allow to air dry. Do not place heavy objects on top of it in its storage.





# POWER PARALLETES

PWRPRL2.0

Parallettes for gymnastics movements. Use of body training: eccentric, concentric and isometric. Also used for improvement and/or adaptation in the technique of movements.

## SPECIFICATIONS

**Dimensions:** 630 x 300 x 330 mm

**Grip:** 33 mm diameter

**Weight:** 25 mm – 3,3 kg | 40 mm – 4,8 kg

**Composition:** Round tube and iron plate.

Finish in micro textured electrostatic powder painting. Polyethylene caps.

- Other colors on request
- Easy to clean and transport
- Sold by pair

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# EQUALIZER PARALLETTES

## PARAEQUA

Simple, extremely versatile and portable.  
Used in strength training or gymnastic movements.

## SPECIFICATIONS

**Dimensions:** 640 x 354 x 740 mm

**Grip:** 33 mm diameter

### Composition:

- Round tube in iron.
- Finish in micro textured electrostatic powder painting.
- Polyethylene caps.

**Weight:** 11 kg

- Other colors on request
- Easy to clean and transport
- Sold in pair

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.



# AB WHEEL

PGYM001

The Ab Wheel is essential equipment for strengthening your abdominal area.

It is an extremely effective accessory for working the abs, obliques and lower back. In addition, it allows you to improve stability, muscle coordination and posture.

## SPECIFICATIONS

**Dimensions:** 290 x 175 x 175 mm

**Wheel Diameter:** 175 mm

**Handle Diameter:** 30 mm

**Handle Length:** 240 mm

**Weight:** 560 g

**Composition:** Polypropylene and rubber.

**Maximum capacity:** 130 kg

- Stable
- Resistant
- Lightweight and easy to carry
- Easy assembly and disassembly

**Maintenance:** It is advisable to be cleaned and sanitized with each use. Can be stored assembled or disassembled.





# REACTION BALL

## REACTBALLBLUE

The reaction ball is perfect for training your reflexes and agility - especially designed for martial arts athletes.

## SPECIFICATIONS

**Diameter:** 100 mm

**Composition:** TPR thermoplastic.

**Weight:** 160 g

- Sold by the unit

**Maintenance:** It is advisable to clean and sanitize it after use. Do not put it in direct contact with heat sources, or in places with cold temperatures, as it may lose its elastic properties and break.





## STEP

### BOXPTSTEP

The Step provides a complete workout at home or in the gym!

It works the glutes, hamstrings, quadriceps, abdominals, shoulders and arms. It strengthens muscle mass and improves physical and cardiovascular fitness.

### SPECIFICATIONS

**Dimensions:** 980 x 380 x 150 mm

**Adjustable height:** 150, 200 or 250 mm

**Weight:** 7,5 kg

**Composition:** Polypropylene, non-slip rubber surface.

**Maximum capacity:** 110 kg

- Safe
- Stable
- Durable
- Compact
- Easy to pack
- Polyvalent
- Non-slip rubber surface.

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, depending on its use, focusing especially on the application of a damp cloth.



# FITBALL

## BFIT001

The Fitball is a resistant and elastic piece of equipment that you can use anytime and anywhere, ideal for training in body balance, stability, maintenance, strength and flexibility. It is the essential complement to your Pilates, yoga or body gym classes.

## SPECIFICATIONS

**Dimensions:** Ø 650 mm

**Composition:** 100% PVC

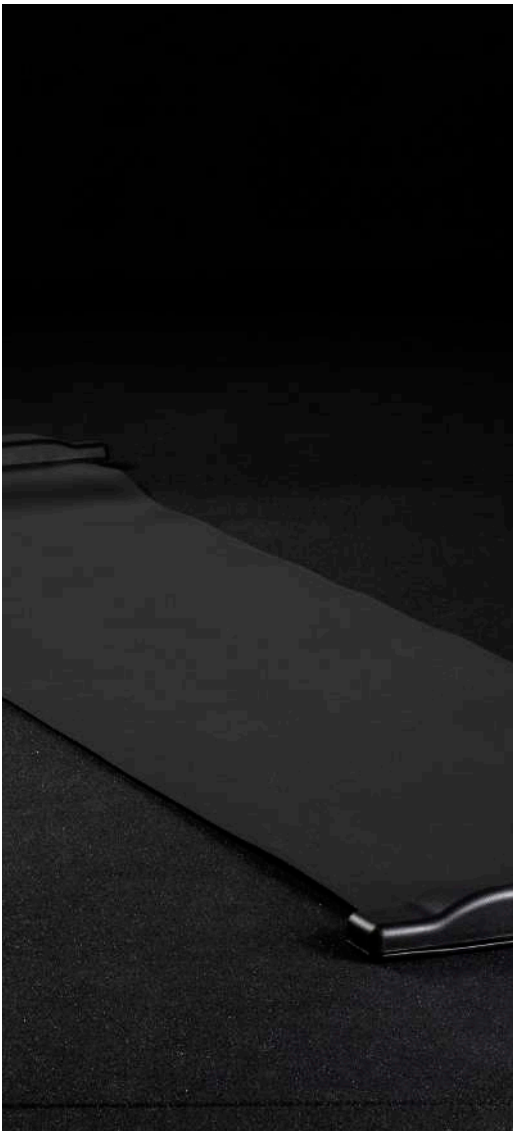
**Weight:** 900 g

- It includes filling pump

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.







# SLIDE BOARD

SLDBRD

Train plyometrics, core strength and agility with the Slide Board. Mainly used for rehabilitation training, balance and mobility of the knees, joints and lower limbs. Also used for high intensity training for upper and lower limbs, trunk and glutes.

## SPECIFICATIONS

**Dimensions:** 1840 x 580 x 40 mm

**Sliding surface:** 1700 mm x 500 mm  
Thickness of 1 mm.

**Weight:** 1,8 kg

**Composition:** Sliding surface in the upper and non-slip area in the bottom area in PVC with side dampers.

- Includes a pair of waterproof foot covers

**Maintenance:** The cleaning of dirt should be carried out after use, focusing especially on the application of a damp cloth.



# AGILITY LADDER

EAGIL004

Agility, reflexes and precision training.

## SPECIFICATIONS

**Dimensions:** 4000 to 6000 x 430 mm

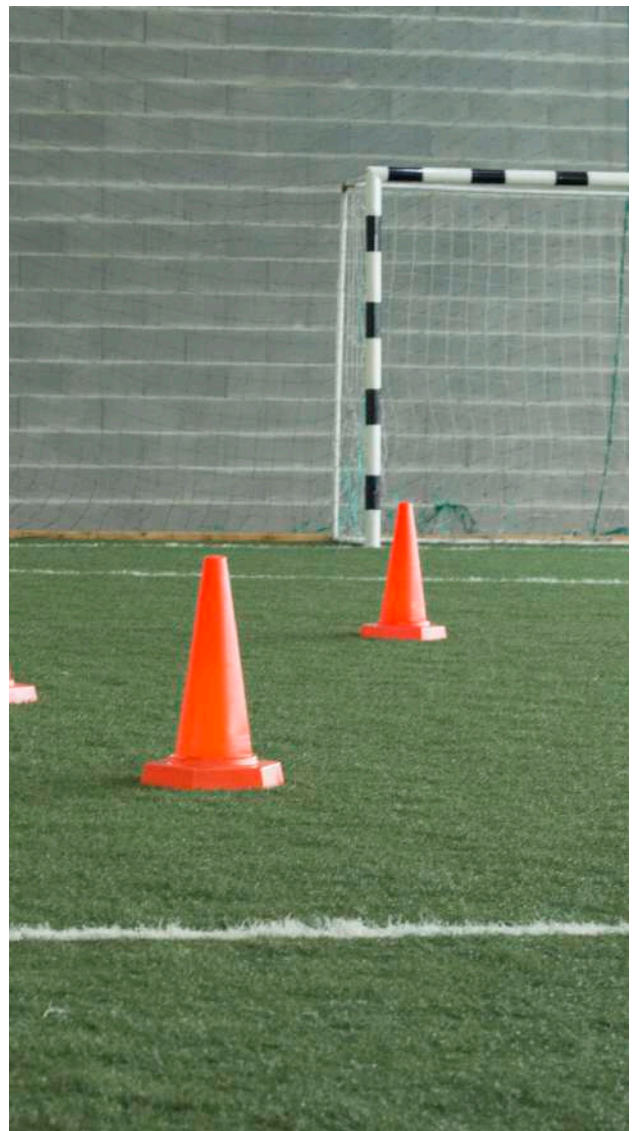
**Weight:** 1 kg

**Composition:** Nylon tapes and polyethylene step.

- 430 mm squares divided by 12 plates
- Includes a pair of waterproof foot covers
- Includes storage and transport bag

**Maintenance:** The cleaning of dirt should be carried out weekly, depending on its use, focusing especially on the application of a damp cloth.





# HURDLES

## BSO

Jumping hurdles are an instrument used in several types of training and in the most varied sports, improving impulsion, agility and speed depending on the context in which the material is used.

## SPECIFICATIONS

### Dimensions:

20 cm - 440 x 260 x 200 mm

30 cm - 440 x 260 x 300 mm

40 cm - 440 x 260 x 400 mm

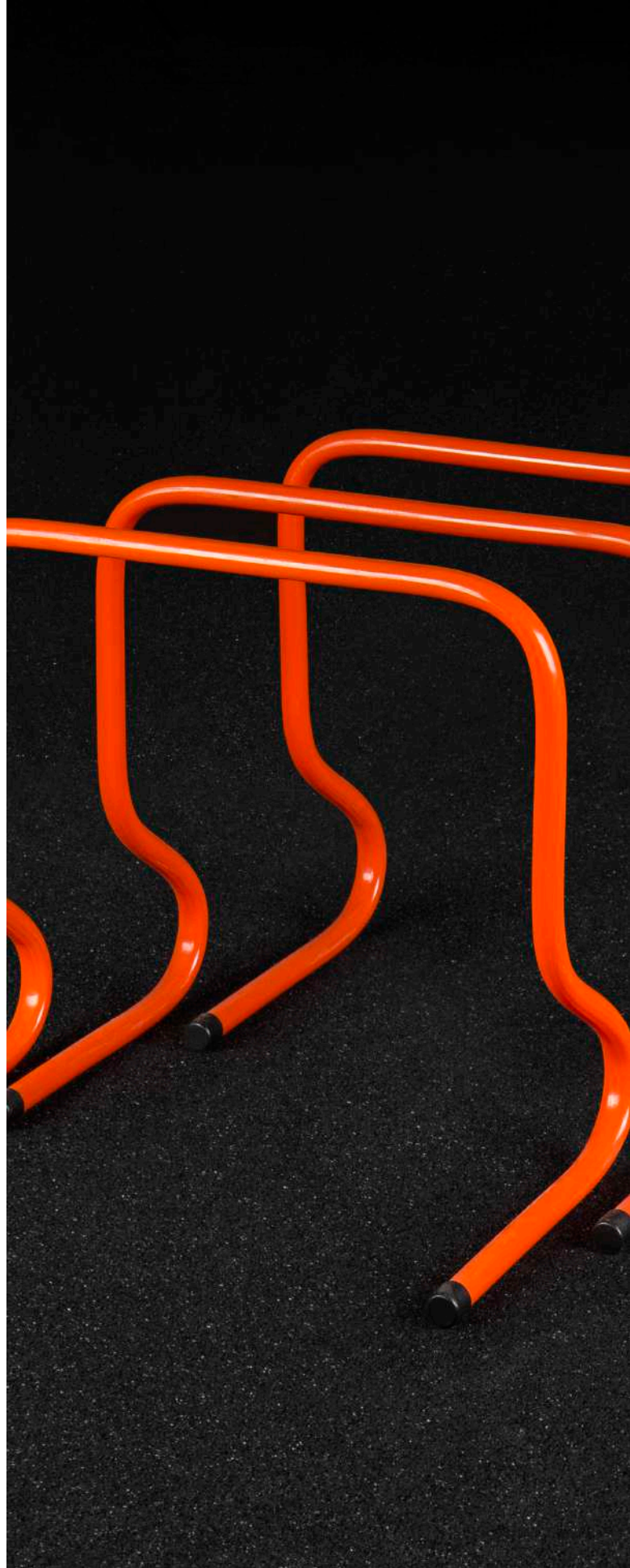
50 cm - 440 x 260 x 500 mm

**Weight:** 100 a 200 g

**Composition:** 100% polyethylene hollow tube.

- Footrest for greater touch sensitivity

**Maintenance:** The cleaning of dirt should be carried out after use, focusing especially on the application of a damp cloth.



# AIR TRAINER

## AIRToo1

With a non-slip, latex-free rubber surface, the BOXPT Air Trainer is ideal for stability training and rehabilitation. It acts as an unstable base that forces your stabilizing muscles to work harder. It improves your balance, strength, joint stability, and coordination.

## SPECIFICATIONS

**Dimensions:** 600 x 600 x 260 mm

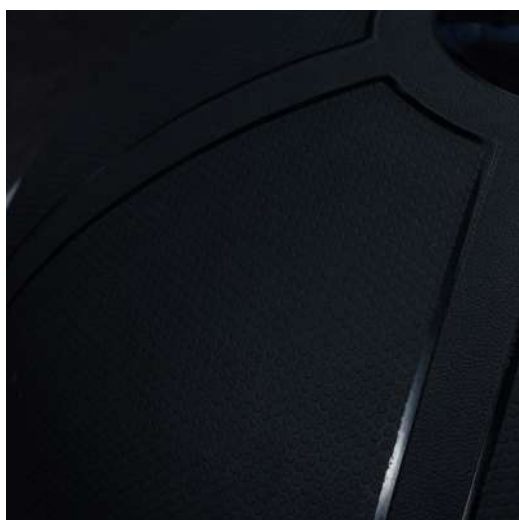
**Weight:** 9 kg

**Composition:** Rubber, latex-free, non-slip

**Maximum capacity:** 120 kg

- Two elastic side handles

**Maintenance:** The cleaning of dirt should be carried out after use, focusing especially on the application of a damp cloth. When storing, do not place heavy objects on top. Do not put the entire body weight on top.



# SLIDING DISCS

## BOXPTGLDISCS

The Sliding Discs are highly functional and allow you to glide over different surfaces.

These discs are easy to use and transport and you'll be able to work different muscle groups, especially the abs.

## SPECIFICATIONS

**Dimensions:** Ø 178 mm

**Thickness:** 8 mm

**Weight:** 160 g

**Composition:** Polypropylene, EVA and polyester.

- Compact design
- Versatile

**Maintenance:** The cleaning of magnesium and dirt should be carried out weekly, depending on its use, focusing especially on the application of a damp cloth.





# WOODEN GYMNASTIC RINGS

## GYMRING-M

BOXPT Wooden Gymnastic Rings are ideal for most acrobatic and gymnastic movements. They are portable, versatile and easy to install. Made of high-quality birch, they feature a textured surface, are naturally adherent, with or without the use of magnesium. In addition, they include durable 3,7 cm wide nylon straps and a buckle system, allowing for quick installation and easy adjustment both outdoors and indoors.

## SPECIFICATIONS

**Dimensions:** 290 x 175 x 175 mm

**Ring diameter:** 238 mm

**Ring thickness:** 28 mm

**Strap length:** 4,90 m

**Strap width:** 3,7 cm

**Grip:** 28 mm in diameter

**Weight:** 1,8 kg

**Composition:** Rings in high quality plywood birch. Nylon tape. Metal buckles.

- Ribbons with levelling marks
- Sold in pair

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a protective liquid for woods.





# SUSPENSION TRAINER PRO

## SUSPTRAINERQUAL

With the Suspension Trainer PRO you can work out every muscle in your body! It can be used at home or outdoors on a tree or other structure.

## SPECIFICATIONS

### Dimensions:

Maximum length: 3200 mm

Minimum length: 2500 mm

27 mm fixing tape with 1200 mm length.

37,5 mm handle tape with a distance between 1100 and 1800 mm

**Composition:** Nylon and Velcro tapes. Metal buckles and carabiner. Polypropylene handles.

**Weight:** 1,2 kg

- Contains 12 levels for attachment with included carabiner
- Reinforcement of the buckles with locking tapes
- Tapes with red leveling marks and easy adjustment
- Handles 127 mm long and 33 mm in diameter
- Handles with handle to aid with anti-abrasion protection on the skin
- Support for door or other identical fitting
- Contains storage and transport bag

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.







# KIT CROSSBAND

## KITCROSSBAND

The Kit Crossband was designed for mobility training, rehabilitation, injury prevention, warm-up and/or muscle activation before any exercise. You can use it anywhere: on the gym, inside your house, on your garage or the outdoor, attached to a pole or tree.

## SPECIFICATIONS

### Dimensions:

Package: 210 x 100 x 370 mm

Bag: 340 x 300 mm

### Weight: 3 kg

**Composition:** Latex and elastic polyester. Nylon tapes. Metal buckles and carabiners. Foam-coated handles.

1,2 m long color resistor pairs with carabiners at the ends:

- 7 kg - Yellow
- 9 kg - Red
- 11 kg - Blue
- 13,6 kg - Green
- 15,9 kg - Black

Pair of black handles 29 mm in diameter.

### Fastening tapes:

2 straps for fixing the ankle

2 tapes for placement on a door

**Maintenance:** The cleaning of dirt should be carried out after use, focusing especially on the application of a damp cloth.



# PEG BOARD

PGBRD  
LRGPGBRD

The peg board is an excellent stimulus for strength training. For suspension and force training simulating climbing.

## SPECIFICATIONS

### Dimensions:

Small: 400 x 38 x 1940 mm

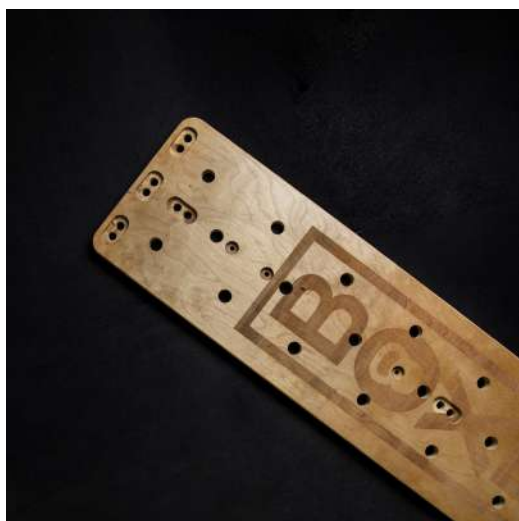
Large: 1940 x 38 x 1220 mm

**Weight:** 24 kg | 67 kg

**Composition:** Laser-cut birch plywood plates.  
Birch plate handles.

- Possibility of fixing to the wall or RIG BOXPT structure
- With handles included: 1 pair with 32 mm diameter

**Maintenance:** The cleaning of dirt must be carried out weekly, depending on its use, focusing especially on the application of a protective liquid for woods.





# WEIGHT VEST

## COLETEPESO

Inspired by police and military bulletproof vests, the weight vest makes the movements performed with body weight more effective when distributing the load evenly, as if it were part of the athlete's own body.

It allows a much more natural movement and requires a minimal adaptation to be used. The BOXPT Weight Vest is all you need for Murph's challenge or to add cargo to your favorite body weight exercises.

## SPECIFICATIONS

**Dimensions:** 530 x 300 x 60 mm

**Dimensions of the two contact surfaces:**  
400 mm x 300 mm x 20 mm

**Weight:** 2 kg | 5 kg | 7 kg | 10 kg

**Composition:** Nylon 500D, velcro and cast iron sheet weights. Finish in micro textured electrostatic powder painting.

**Weight:** 2 kg | 5 kg | 7 kg | 10 kg

- Maximum placement of 2 weight plates per vest
- Surface for placing velcro patches

**Maintenance:** It is advisable to be washed by hand. It should not be dried in the sun. Don't use the iron.



# SLIDE VEST

## SLEDVEST

This Slide Vest is used to pull/drag weight from one point to another. It is an equipment, mostly used in strength and conditioning workouts.

## SPECIFICATIONS

**Dimensions:** 1400 x 10 x 470 mm

**Weight:** 1 kg

**Composition:** Nylon 500D and Velcro

- Straps 3 m long and with two carabiners
- Front and back attachment point
- Reinforced seams

**Maintenance:** It is advisable to be washed by hand. It should not be dried in the sun. Don't use the iron.



# DOG SLED

## SLED-C

Dog Sled is the evolution of power sled - compact, strong, and versatile enough to push, pull, and accelerate on sliding, non-rough surfaces.

## SPECIFICATIONS

**Dimensions:** 1170 x 635 x 975 mm (all included)

**Weight:** 40 kg

**Composition:** Plate, square tubes and round steel tubes. Micro textured electrostatic powder coating finish. Polyethylene caps. Ultra-High Molecular Weight Polyethylene Plates (UHMW Plastic).

**Tube length:** 900 mm long and 48 mm in diameter.

**Tube length for discs:** 400 mm long and 48 mm in diameter.

**Suitable for sliding and non-rough surfaces.**

**Use on grass, both natural and synthetic, is recommended.**

- Removable central tube for placing bumpers
- Two tubes and 4 fittings at the ends, for pushing. Easily removable to push back in the opposite direction without turning the sled
- Wheelbarrow. Horizontal placement of the push bars on one side and on the opposite side, the adapter to place a bumper to make a wheel.
- For the vest. It contains specific holes for attaching the vest to pull the sled.

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request\*





## MINI SLED

### SLEDMINI10

This new Mini Sled has the goal of linearly transporting a weight from one point to another with “push and pull” movements, typical of sleds. This equipment can be used in strength workouts and conditioning.

### SPECIFICATIONS

**Dimensions:** 595 x 400 x 710 mm

**Weight:** 20 kg

**Composition:** Steel sheet and round tubes.  
Micro-textured electrostatic powder coating finish.  
Polyethylene caps.

**Tube length:** 700 mm long and 48 mm in diameter.

**Length of disc tubes:** 400 mm in length and 48 mm in diameter.

**Suitable for sliding and non-rough surfaces. Use on grass, both natural and synthetic, is recommended.**

- For the vest: contains specific holes to attach the vest to pull the sled.
- Other colors on request

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request\*





# PROWLER SLED

## SLED-A

Built with 6 cm thick steel pipes, the Prowler Sled is essential for pushing and pulling workouts. Linear transport of weight from one point to another with pushing motions. Mainly used in strength and conditioning training.

## SPECIFICATIONS

**Dimensions:** 900 x 1262 x 971 mm

**Weight:** 38 kg

**Composition:** Sheet steel, square tubes and round tubes. Finished in micro textured electrostatic powder paint. Polyethylene caps. Plates in Polyethylene.

**Length of tubes:** 1190 mm in length and 48,5 mm in diameter.

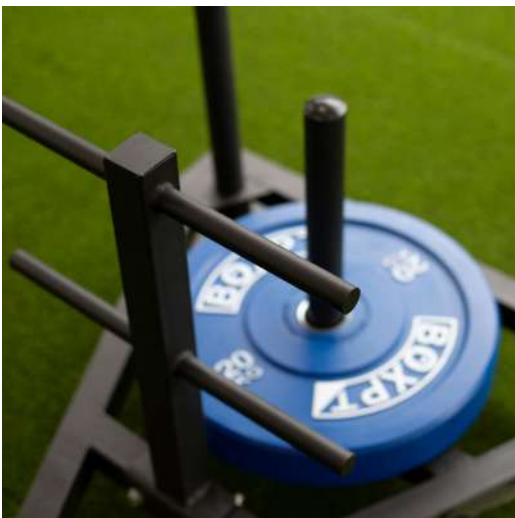
**Length of disc tubes:** 400 mm in length and 48 mm in diameter.

**Suitable for sliding and non-rough surfaces. Use on grass, both natural and synthetic, is recommended.**

- Removable central tube for placing weight discs
- Two tubes and 2 end fittings for pushing
- Contains specific holes to attach the vest to pull the sled

**Maintenance:** The cleaning of magnesium and dirt must be carried out weekly, according to its use, focusing especially on the application of a lubricating and anti-rust liquid.

Other colors on request\*



# MOBILITY AND RECOVERY



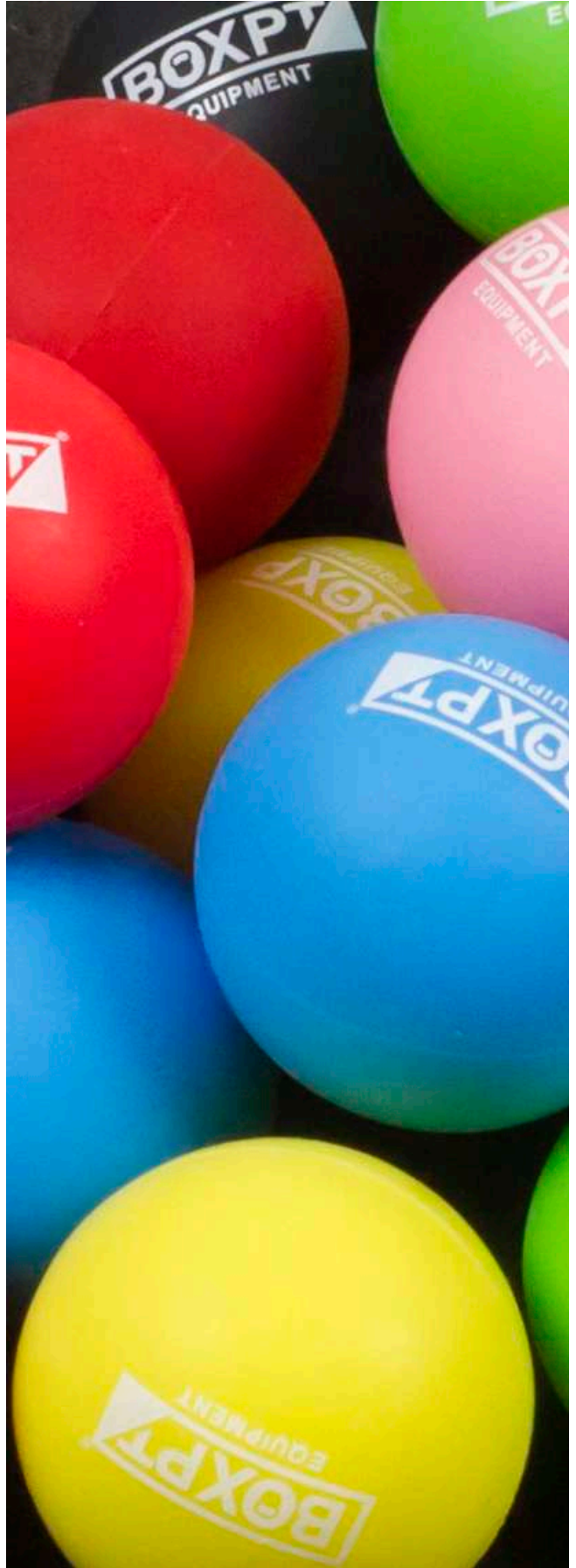


**BOXPT**  
EQUIPMENT

**BOXPT**  
EQUIPMENT

**BOXPT**  
EQUIPMENT

**BOXPT**  
EQUIPMENT



# LACROSSE BALL

BLACRED  
BLACYEL  
BLACBLUE  
BLACGREEN  
BLACPINK

## SPECIFICATIONS

Diameter: 61 mm  
Weight: 170 g  
Composition: Rubber

# DOUBLE LACROSSE BALL

DOUBLEBLACBLACK

## SPECIFICATIONS

Diameter: 62,5 mm  
Weight: 350 g  
Composition: Rubber

# CORK LACROSSE BALL

BLACCORT

## SPECIFICATIONS

Diameter: 64 mm  
Weight: 70 g  
Composition: Cork

# SPIKE MASSAGE BALL

SPKBLL90

## SPECIFICATIONS

Diameter: 75 and 90 mm  
Weight: 100 and 150 g  
Composition: PVC

### All sold individually

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.





# MINI RESISTANCE BAND

RMINIBANDS | RMINIBANDM | RMINIBANDL

## SPECIFICATIONS

Width: 80 mm

Thickness: 3 mm

### Composition:

90% Polyester / 10% Rubber

### Maintenance:

It is advisable to be washed by hand.  
It should not be dried in the sun.  
Don't use the iron.

### Length / Weight:

Blue - 315 mm long / 125 g

Red - 375 mm long / 150 g

Black - 415 mm long / 175 g

### Elastic band strengths:

Blue - 10 kg

Red - 15 kg

Black - 20 kg



# MINI ELASTIC BAND

BEGREENMINI | BEBLUEMINI  
BEREDMINI | BEPRETAMINI

## SPECIFICATIONS

Width: 80 mm

Diameter: 300 mm

Composition: 100% Latex rubber

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.

Weight: 10 to 30 g

Elastic with different resistances depending on its thickness.

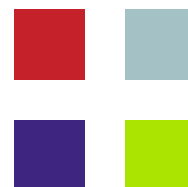
### Thickness:

Gray - 0,5 mm

Blue - 0,7 mm

Red - 0,9 mm

Black - 1,1 mm



# ELASTIC BAND

BEVERM-ML | BEPRETA-ML | BELILAS-L  
BEVERDE-M | BEAZUL-F

## SPECIFICATIONS

Diameter: 1030 mm

Composition: 100% Latex rubber

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.

### Widths / Thicknesses:

Red - 13 mm / 4 mm

Black - 22 mm / 4,4 mm

Purple - 32 mm / 4 mm

Green - 44 mm / 4,3 mm

Blue - 64 mm / 4,6 mm

### Weights / Elastic band strengths:

Red - 125 g / very light - 9 kg

Black - 200 g / light - 15 kg

Purple - 300 g / medium - 25 kg

Green - 400 g / strong - 38 kg

Blue - 600 g / very strong - 45 kg





# MINI BANDS PACK

BOXPTPAC3MINI

## SPECIFICATIONS

Width: 150 mm  
Length: 100% Latex rubber  
Composition: 100% Latex rubber  
Weight: 7 kg

### Elastic band strengths:

Pink - 0,35 mm  
Blue - 0,50 mm  
Purple - 0,65 mm



**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# RESISTANCE BAND

ERBEASY12MT | ERBMEDIUM12MT  
ERBHARD12MT

## SPECIFICATIONS

Width: 150 mm  
Length: 100% Latex rubber  
Weight: 7 kg  
Composition: 100% Latex rubber

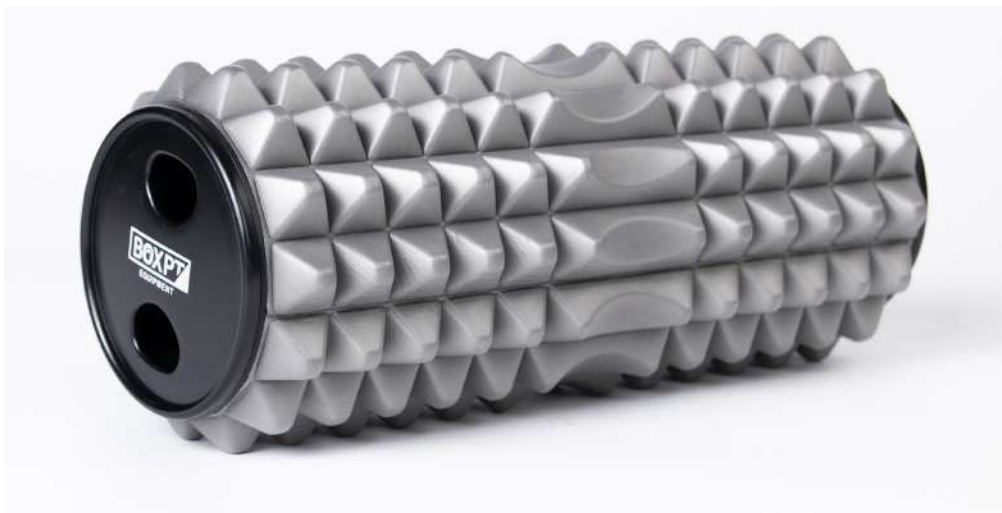
### Elastic band strengths:

Pink - 0,35 mm  
Blue - 0,50 mm  
Purple - 0,65 mm



**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break. Resistance bands should be laid out flat and dusted with talcum powder from time to time.







# FOAM ROLLER HEXAGON

FRHEXAG

## SPECIFICATIONS

Length: 315 mm

Length of foam: 300 mm

Weight: 700 g

Diameter: 130 mm

EVA foam with 130 hexagonal cells of 10 mm height.

Tops with opening for storage.

**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# FOAM ROLLER GRID X - CAMO

FRGXCAMO

## SPECIFICATIONS

Length: 315 mm

Length of foam: 300 mm

Weight: 700 g

Diameter: 130 mm

EVA foam with 200 round, rectangular and square cells with 10 mm height.

Tops with opening for storage.

**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# FOAM ROLLER SPINE CURVE

FRSPINE

## SPECIFICATIONS

Length: 315 mm

Length of foam: 300 mm

Weight: 700 g

Diameter: 130 mm

EVA foam with 70 cells in curved rectangular and pyramidal shape with 10 mm height.

Tops with opening for storage.

**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break..





# FOAM ROLLER RIPPLE

RERIPPLE30

## SPECIFICATIONS

Length: 315 mm

Length of foam: 300 mm

Weight: 700 g

Diameter: 130 mm

EVA foam with 16 ripple cells with 10 mm height.

Tops with opening for storage.



**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# DOUBLE FOAM ROLLER RIPPLE

FRRPDUPLO

## SPECIFICATIONS

Length: 615 mm

Length of foam: 600 mm

Weight: 1200 g

Diameter: 130 mm

EVA foam with 16 ripple cells with 10 mm height.

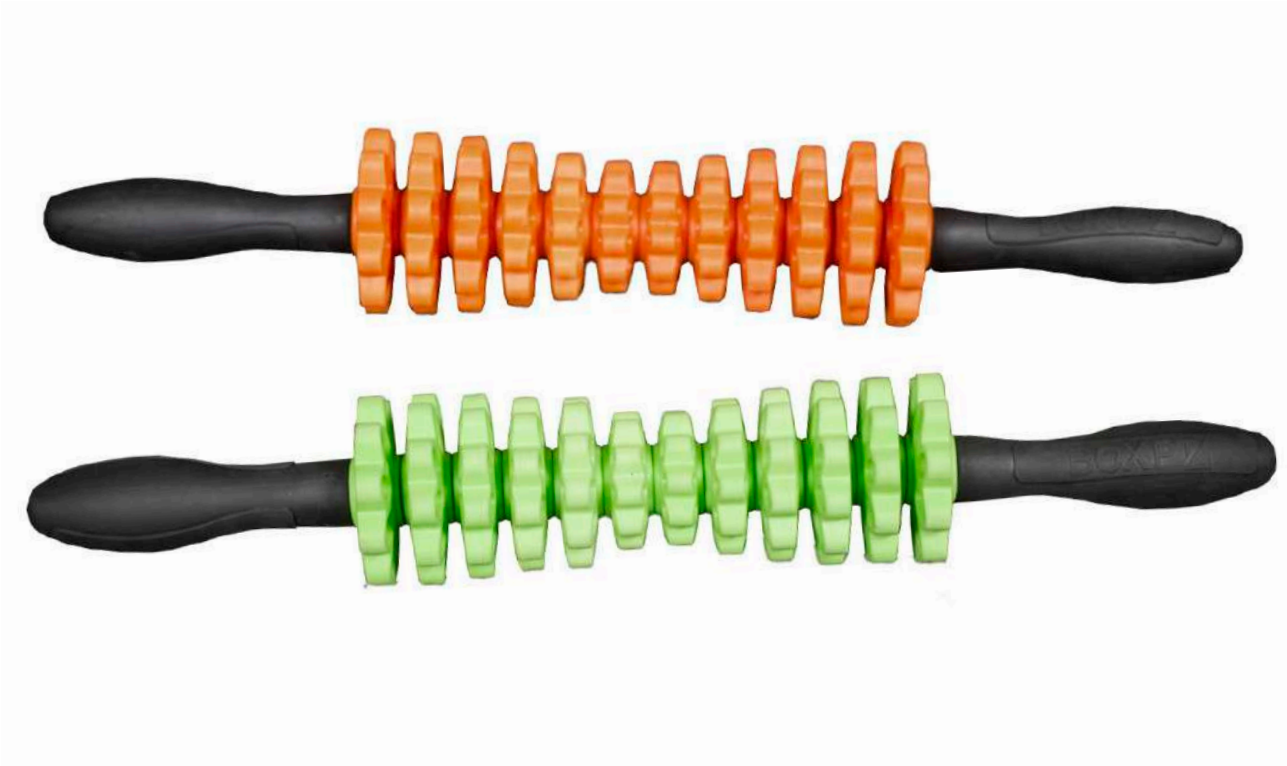
Tops with opening for storage.



**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.





# ADJUSTABLE FOAM ROLLER

BROLOMASSAGO

## SPECIFICATIONS

Length: 450 mm  
Length of foam: 200 mm  
Weight: 440 g  
Diameter: 35 mm

EVA foam with 12 flower-shaped cells with different heights.

Its adjustable shape allows it to adapt to any part of the body, light and practical to carry.



**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# MINI FOAM ROLLER WITH HANDLES

BROLOMASSAG

## SPECIFICATIONS

Length: 400 mm  
Length of foam: 150 mm  
Weight: 280 g  
Diameter: 35 mm

EVA foam with 72 pyramidal cells with 10 mm height.

Two handles for a deeper massage.



**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.





# FOAM ROLLER SPIKE VIBRATING

VIBRTNMSSGSPK

## SPECIFICATIONS

Length: 160 mm

Length of foam: 150 mm

Weight: 200 g

Diameter: 70 mm

Foam with 74 thorns 15 mm high

Roller with vibration of a speed

Works with 3 AA batteries (not include)

**Composition:** EVA foam, ABS plastic and vibratory motor.

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# FOAM ROLLER RIDGE

FRRIDGE

## SPECIFICATIONS

Length: 315 mm

Length of foam: 300 mm

Weight: 700 g

Diameter: 130 mm

EVA foam with 14 cylindrical cells with 10 mm height.

Tops with opening for storage.

**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.







# FOAM ROLLER SPIKE

FRMSPIKE

## SPECIFICATIONS

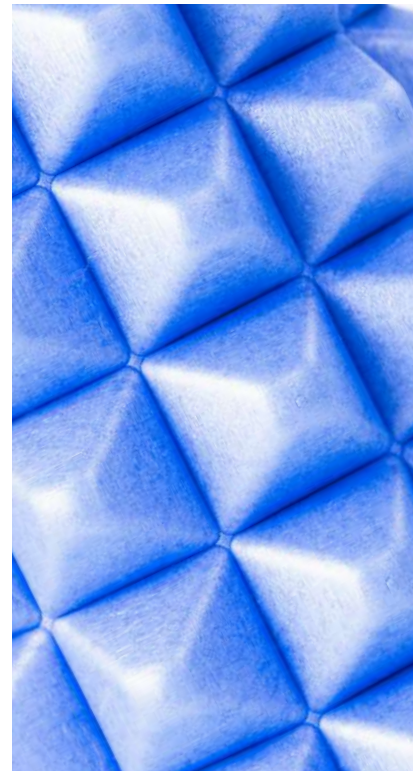
Length: 315 mm  
Length of foam: 300 mm  
Weight: 700 g  
Diameter: 125 mm

EVA foam with 156 hexagonal cells of 15 mm height.

Tops with opening for storage.

**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.



# FOAM ROLLER GRID SURFACE

FRSGREo

## SPECIFICATIONS

Length: 315 mm  
Length of foam: 300 mm  
Weight: 700 g  
Diameter: 150 mm

EVA foam with 82 cells in rectangular and pyramidal shape with 10 mm height.

Tops with opening for storage.

**Composition:** EVA foam and ABS plastic

**Maintenance:** It is advisable to clean and sanitize after use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose their elastic properties and break.





# CORK BLOCK

FRMSPIKE

## SPECIFICATIONS

**Dimensions:**

Big - 226 x 150 x 90 mm  
Small - 226 x 120 x 75 mm

**Weight:**

Big - 860 g  
Small - 560 g

**Composition:** Cork

**Maintenance:** It is advisable to use barefoot and/or with socks. It is advisable to be cleaned and sanitized with each use, using warm water and soap. Allow to dry outdoors. Do not place heavy objects on top of your storage.



# CORK MAT

FRSGREo

## SPECIFICATIONS

**Dimensions:** 1785 x 650 x 3,5 mm

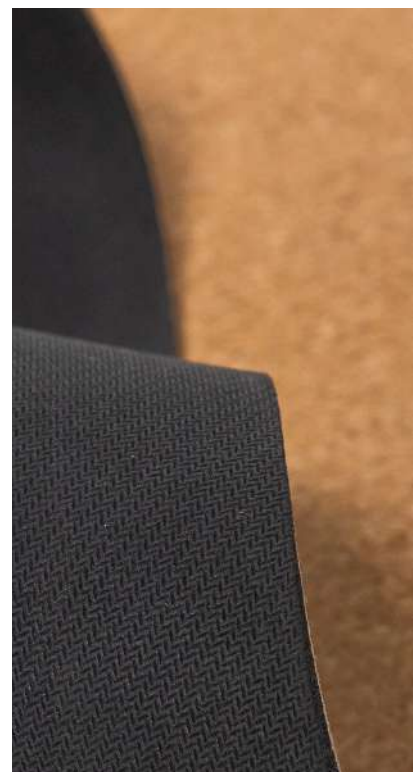
**Weight:** 2,25 kg

**Density:** 550 ± 100 kg/m<sup>3</sup>

**Durometer:** Shore A 45

**Composition:** Upper surface in cork and base in natural rubber.

**Maintenance:** It is advised to clean and sanitize after every use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose its properties.



# ACCESSORIES



**BOXPT**  
EQUIPMENT



# RIBBED EXERCISE MAT

FRHEXAG

## SPECIFICATIONS

**Dimensions:**

1760 x 615 x 15 mm  
1160 x 615 x 15 mm

**Weight:** 1,2 kg

**Density:** 0,08 - 0,10 g/m<sup>3</sup>

**Stiffness:** 8 ± 2 degrees (type C)

**Resilience:** 40 - 45%

**Composition:** Nitrile rubber (NBR) and iron rings with nickel treatment.

**Maintenance:** It is advisable to use barefoot and/or with socks. It is advisable to be cleaned and sanitized with each use. Allow to dry outdoors. Do not place heavy objects on top of your storage.

# HANDSTAND MAT

HNDSTABMAT

## SPECIFICATIONS

**Dimensions:** 365 x 320 x 70 mm

**Weight:** 0,8 kg

Side bends for placing equipment that helps to level the hand support.

**Composition:** PVC mesh coated EPE foam.

**Maintenance:** Easy to clean. Apply a disinfectant liquid immediately after use to a moistened cloth.

# ABMAT

FRSPINE

## SPECIFICATIONS

**Dimensions:** 375 x 300 x 70 mm

**Weight:** 0,8 kg

Ergonomic curvature for lumbar support.

**Composition:** PVC mesh coated EPE foam.

**Maintenance:** Easy to clean. Apply a disinfectant liquid immediately after use to a moistened cloth.



BLACK GRIP HQ



BLACK GRIP HQ 3



RED GRIPS HQ 2



RED GRIPS HQ 3



FORALL GRIP



FORALL GRIP



SKIN GRIP



GLOVES



GLOVES



BOX GRIP



DIP BELT



LEATHER WEIGHTLIFTING BELT



NEOPRENE BELT



POWER BELT



KNEE SLEEVE 5MM



KNEE SLEEVE 7MM GIRL POWER



KNEE SLEEVE 7MM HARD TO KILL



KNEE SLEEVE 7MM MUSTARD



KNEE SLEEVE 7MM SNATCH



KNEE WRAPS



MAGNESIUM



MAGNESIUM POWDER



LIFTING STRAPS BLACK



LIFTING STRAPS BLUE



KETTLEBELL ARM GUARD



WEIGHTLIFTING INSOLE



PROTECTION SLEEVES



COMPRESSION SOCKS



STRENGTH WRAPS BOLT



STRENGTH WRAPS TASTY





WRIST WRAPS  
PINK



WRIST WRAPS  
RAINBOW



WRIST WRAPS  
TRADICIONAL



WRIST WRAPS  
TRADEMARK



WRIST WRAPS  
RED CAMO



WRIST WRAPS  
GREY CAMO



WRIST WRAPS  
PINK CAMO



WRIST WRAPS  
BLUE



FINGER THUMBS  
BLUE



FINGER THUMBS  
RED



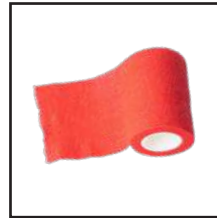
BOXPT TAPE



SPORTS TAPE



STRETCH TAPE  
BLACK



STRETCH TAPE  
RED



KINESIO TAPE



GYM TOWEL



CASE



LOGBOOK



STRONG BOTTLE



SHAKER 500ML

**NATIONAL PRODUCTION**

# MADE IN PORTUGAL



BOXPT Equipment is a company that was born with the mission of presenting the market with high quality and differentiated training equipment from the existing offer. Since our foundation, our focus has always been excellence in every detail, always looking for the best raw materials and technologies available. Our path to Made In Portugal production was long and challenging, but we are proud of the results we have achieved.

We believe that the quality of our equipment is directly linked to the quality of its components, and so we decided to invest in national production. In Portugal, we have access to high quality materials and a highly qualified workforce. Moreover, by producing locally, we can control all stages of the process, from the choice of raw materials to the final finishing of the product.

This way, we guarantee that our equipments have the quality and durability that our customers deserve, as well as a customization and adaptation to the real need of the project.

Our mission is to offer high quality equipment, produced with excellence and aimed at achieving the maximum satisfaction of our customers, with the production Made In Portugal, we are closer than ever to achieve it.

